

# DanceLife

A U S T R A L I A

## ACE YOUR AUDITION

**NATASHA CRANE** *Top Tips To  
Prepare You For That Crucial Day!*

## FULL TIME COURSES GUIDE

# 2018

*Featuring Australia's  
LEADING Performing  
Arts Institutions!*

## CAN YOU HANDLE IT?

**ALISHA COON**  
*5 Essential Tools!*

## GETTING PHYSICAL

**KINETICA PHYSIO** *Helps You to  
Transition for Full Time Training!*

## NUTRITION NEEDS OF DANCERS

**BODY FUSION**  
*Keep Making Food FUN!*

*'... the world is at your feet'*



- Chris Duncan,  
CEO DanceLife Pty Ltd & Editor In Chief

# A NOTE FROM THE EDITORS

## Why study Dance full time?

Twenty years ago, there were very few accredited dance courses on offer, so the artist wanting a career as either a performer or teacher would have to rely on their reputation, connections and on-the-job experience. Jump forward to today, and there are more than a hundred accredited training programs on offer at both a state and national level. From a Cert I through to an Advanced Diploma, or even a Bachelor degree and Masters in Dance!

As the dance industry grows there is a clear need – and demand – to formalise the training structure, qualifications and recognition of Registered Training Organisations (RTO) able to deliver the appropriate training to aspiring teachers and performers. There is now a clear pathway to progress from Vocational Educational and Training (VET) qualifications onto Higher Education dance and performing arts programs, designed to set benchmarks and lift standards.

Now, it is more advantageous than ever to be officially qualified as a dancer in today's competitive environment. Graduates from a full time program (whether accredited or not) are in a better-prepared position to take on work in the real world than others.

Being suitably qualified also ensures that employment in the arts is respected, easily assessed and financially rewarded. Qualifications are designed to prepare people with the necessary skills and knowledge to be able to earn a living in the performing arts industry and include marketing, self-promotion, technique, finances and management.

Only RTOs – both public and private – can offer National qualifications within the CUAII structure (Live Performance). A course can be on a part time or full time basis, and a private dance studio that is a RTO can concentrate on developing skills in a particular genre such as ballet, musical theatre or acrobatics. There are still some state accredited courses that are separate to the National CUA qualifications.

Full time training prepares students for performance in a variety of dance styles and levels up to Elite; as well as in choreography; community dance and theatre; cultural development and administration; musical theatre; dance teaching and management. Qualifications recognise the progression of technique and performance from Cert I through to higher levels. There are no entry requirements for many of the courses, but audition is required to demonstrate competency. Higher levels of training have prior learning prerequisites as well as auditions.

## What is a Certificate?

Usually delivered by TAFE, community education and Registered Training Organisations (RTOs), these courses are the basic post-high school qualifications and prepare students for employment and further education. Certificate I-II provide basic vocational dance skills and knowledge. Cert III-IV provide more advanced skills and knowledge; and a Cert IV is generally accepted by universities to be the equivalent of 6-12 months of a Bachelor's Degree and credits may be acknowledged.

## What is a Diploma?

Diplomas, Advanced Diplomas and Associate Degrees generally take between 2 - 3 years to complete and are generally considered to be equivalent to 1 - 2 years of study at degree level. Diploma and Advanced Diploma are titles given to more practical courses, while Associate Degree is given to more academic courses. Universities, TAFE colleges, community education centres and private RTOs usually deliver these courses.

## What is a Degree?

A Bachelor degree is the standard university qualification and is recognised worldwide. Most courses take 3 - 4 years to complete. Honours can be achieved with an additional year of study or performance at a distinction level. A Masters degree requires a further 2 - 3 years study.

## Fee Structure

All full time performing arts courses attract an annual fee somewhere between \$7000 and \$18000. This may seem expensive but it aligns equally with the cost of tuition for a year in a university degree course. Unfortunately, as of 2017, the Federal government has cut dance and performance arts courses from their list of courses eligible for student loans via the VET FEE-HELP program. This means that all students must now pay up front or negotiate a payment plan with their course provider. There has been much discussion about this change to education policy as it seemingly under-values the role of arts in our society. Please contact the training institutions in this guide for full details of each course's fees and the payment plans available.

**However**, it is important to note that there are still many studios and organisations offering privately designed and operated full time courses that produce highly-skilled, employed and successful performers in the arts world – especially within particular genres (e.g. classical ballet) that are not formally accredited. These organisations may not adhere to the national guidelines but still maintain a highly successful graduate program and international reputation.

So, whether you choose to further your dance and performance studies via formal or private courses, you are assured you are setting yourself up for the best possible success as a future performer or teacher in the amazing arts world!

In this Full Time Courses Guide by DanceLife Australia you will find some of the most reputable and consistently successful studios/organisation in producing employed artists. Please give them your consideration.



- Heather Clements,  
Editor





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# ACE YOUR *Audition*

**Reading this, I know you have chosen to be courageous and follow your heart and dreams. CONGRATULATIONS! Now you will need to find a little more courage, because YOU are about to AUDITION!**

*This article will answer some of those lingering questions in your mind about how to put your best foot forward when auditioning for a place in a full time performing arts course, and help you on your way to a successful career.*

## DO YOUR RESEARCH

Make sure that you thoroughly research any and all of the courses that you would like to apply for. Do your best to find out the following:

- Location of the schools
- Costs for the course
- Duration of the course
- Weekly hours and schedule
- Extra opportunities/commitments that might be required
- Is it certified? What level will it give you? Eg. Diploma, Cert IV, Advanced Diploma, etc
- Can you get government assistance while studying at this course?
- What are the courses' strengths and focuses? What are past graduates of the course doing now?

## APPLYING & REGISTERING

Firstly, make sure that you are the one handling your application unless you are under 18. Of course, feel free to ask your parents to check for anything you might have missed, but now is the time to start taking responsibility for your own things. If you are looking at becoming a professional performer then the best time to start learning how to do that is *right now*. I believe it is a big plus to any school if they can see that you are already on your way to becoming a responsible adult. Make sure when registering that you get all of the appropriate information and print a copy for your records. This is especially important if auditioning for multiple schools, as it's best to not get the information from each school confused and to keep the paperwork separate. Make sure that you fill in all of the required questions honestly and contact the school if there is something you're unsure of. Once submitted, it's always good to double check it has been received and ask if there is anything else needed to assist with your application.

## BE PREPARED

Make sure that you have carefully read ALL of the information regarding an audition's dates, start times and locations.

Also check:

- What dance styles you will be expected to do?
- What type of dance clothing they would like you to wear?
- What style of dance shoes you need to bring? (It is a good idea to bring ALL of your shoes just in case.)
- Do you need to prepare a monologue?
- Do you need to prepare a song or 2? Is there a specific list of songs to choose from? Stick to time limits and specific instructions regarding styles, backing tracks and if they require you to bring sheet music.
- **PRACTISE!** The best way to calm your nerves is to know your material well. Sing your songs through as many times as you can, and with an audience if possible. The same applies for your monologue. Make sure you know the names of your songs, the composer/lyricist, which production they are from or the artist who performed it. The same applies to your monologue; make sure you know what play it is from and whom the playwright/author is.
- You know you are going to be asked to dance, so get yourself to as many classes as possible in many dance genres leading up to the audition to put yourself in the best position to do well.

## WHAT TO EXPECT AT THE AUDITION

Expect *anything* and *everything* at the actual audition, and be open to it all. Often, some of the things you will be asked to do can catch you by surprise! Such as being asked to do solos, or alternatively, things you thought you might be doing solo are now in front of everyone in the room. Do your best to embrace it all and go with it, no matter how uncomfortable or embarrassed you might be feeling. You might be asked to improvise or talk about yourself or even work in groups. This is all just to test you and to see how you will handle the challenges of the course.

Do your best to understand that you are auditioning to get into a course/school to train further, and that at the end of the day no one is expecting you to be already perfect at everything. Otherwise what would they teach you when you got there? Personally, I'd be looking for people who are up for a challenge and can handle it in a positive way.



# “Finally you have the courage ... Follow your heart & dream ...”

## HOW TO MAKE AN IMPRESSION

This is going to sound cliché, but all you really need to do is go in being the best version of YOU! Make sure you test out your outfits and your hair and make-up and wear something that accentuates *you* and your personality while sticking to the instructions and directions that the school has given you.

Don't hide in the back corner; stand where you can be seen.

## MANAGING YOUR NERVES

Try to put the audition into perspective: it is *one* audition for *one* course and while it may seem like your entire life depends on it right now, ultimately it doesn't.

Do your best to be present in the moment. For example, if you are sent outside of the room to wait for your turn to sing, use that time productively to go over your song, or do a vocal warm up. Keep looking forward. That will help to keep you focused on the task at hand instead of creating stories in your head, which is ultimately what your nerves are.

## ALWAYS SOMETHING TO BE GRATEFUL FOR

Whether you get into ten courses, three or none there is always something to be grateful for! You might have met some new people, done some choreography that you loved or you might have met an inspiring teacher. Whatever the outcome is, it is important be grateful for the experience wherever possible. If you don't get into the course you want this year, remember there is always next year, or the year after that.

Do your best to learn from the feedback and apply it so that you come back even better and more prepared the following year. Everything happens for a reason and you never know what is around the corner!



by *Natasha Crane*  
Natasha Crane Creations



**Natasha Crane** is an international choreographer and performer with a Diploma in performing arts and extensive range of experience. She has worked as a performer/creative in movies, TV and commercials through to cruise ships, revues, musical theatre and with many international music artists. Natasha has a strong passion for the health and sustainability of the entertainment industry globally. Natasha also offers personal life coaching sessions for young performers to help with things like performance anxiety, goal setting, directions and positive mindset.



[natashacranecreations.com](http://natashacranecreations.com)



[natashacranecreations](https://www.facebook.com/natashacranecreations)



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# DANCE DIRECTORS

## Say...



*"Formal training in dance is for the gifted and dedicated artist who wants to know more about the industry as well as honing their skills for a ballet or dance career. A national qualification in dance allows for a comprehensive dance education, preparing the young dancer to be both physically and psychologically ready for their step into the professional arena. At FSD we offer individualised coaching with expert teachers that not only know their craft well, but will also help you to gain contracts and success in the industry."*

**- Fiona Donaldson, Director**  
Fiona's Studio of Dance

*"Brent Street has strong industry connections and the best teaching faculty in Australia, every week of the year. Students are also nurtured and guided by industry leading mentors."*

**- Lucas Newland, Director**  
Brent Street



*"The most successful people will tell you to take your passion and find a way to make it your career ... Undertaking full time study gives the opportunity to find out if you have got what it takes to become a professional dancer. No one goes un-noticed at Ettingshausens ... Our students connect with agents, go to auditions and meet industry choreographers; learn how to stay healthy; develop their own personal brands; learn to operate as a sole trader in business; and gather valuable life skills that can take them into any career. "*

**- Natalie Ettingshausens, Director**  
Ettingshausens

*"Lee Academy Full Time is the place to be if your dream is to become a highly versatile, highly qualified performer. We welcome students from all over Australia & New Zealand to audition for our intake for 2018, for either our high school or full time programs."*

**- Jo Cotteril, Director**  
Lee Academy



*"Dancers are like most athletes ... the consistency of repetitive daily training combined with elite technical and creative direction creates a dancer destined for the professional world. NCD delivers leading edge, proven training programs that develop highly versatile dancers in both classical ballet and contemporary dance. We embrace and nurture individual strengths and creativity and prepare students for the world of professional dance."*

**- Brett Morgan, Director**  
National College of Dance

*"Quite simply, NICA's Bachelor of Circus Arts leads the way as it is Australia's only degree course for professional circus artists."*

**- Rose Stephens, Director**  
National Institute of Circus Arts



*"With 10 hours a week devoted to the performance stream of their choice, timetabled in with a rigorous academic program, our students benefit from a well-rounded creative education. The students at our school are very active and driven, and have clear goals at a very young age. We try to provide not only the skills and the technical training but also the environment where they can just be who they are."*

**- Maxine Kohler, Principal**  
The McDonald College

*"Full time dance is a perfect choice when you have a very healthy approach to it. It's good to look at it as a 'finishing' year – being a final celebration after dancing and performing through your childhood. You have to be your own driving force, motivation and direct your own destiny. At Village Nation, our heads of department are all mature, ex-performers with a wealth of knowledge and experience of the 'ins and outs' of the industry. They are there to guide you spiritually, morally and holistically. This is coupled with our younger choreographers who are there to expose and develop the students to the latest styles of choreography that can only be delivered by people currently working in the industry. This way you get the best of both worlds in our industry."*

**- Briden Starr, Director**  
Village Nation



*"At ACPE you can follow your passion for dance and realise your dream of pursuing a rewarding and long-term career in the dance industry. The balance of current contemporary practice and theory prepares job-ready graduates via three courses: the Bachelor of Dance Practice integrates graduates into a variety of leadership roles through dance industry placements, the Bachelor of Dance Education fully qualifies graduates to teach Dance and PDHPE curriculum in high schools, and the Bachelor of Health Science (Dance) provides a pathway into the interdisciplinary field of dance and science."*

**- Diane Grant, Head of Department, Dance**  
Australian College of Physical Education

*"We don't just teach shapes, we shape lives. Direct industry links greatly benefit students as they study in world-class facilities alongside Australian and international production companies. Better, Harder, Faster, Stronger at Ministry of Dance!"*

**- Jason Coleman, CEO**  
Jason Coleman's Ministry of Dance



*"WAAPA's dance program provides 21st century training for the dancer of today. Intensely rigorous with numerous performance opportunities, international visiting artists, pathways and exchange programs, WAAPA is the only choice for professional dance training."*

**- Nanette Hassell, Head of Dance**  
Western Australian Academy of Performing Arts

*"I desire to impart my personal experiences gained with The Australian Ballet Company with my time spent daily in the studio. I hope to inspire and educate young dancers to self-excel and have a strong work ethic needed for a potential career by creating adaptable dancers. In 2018 we are adding a new Full Time Dancer's Program, a classical based program with emphasis on the contemporary dancer. I'm a firm believer in teaching students allied subjects such as nutrition, anatomy, mental wellbeing and psychology while also meeting academic requirements with our tutoring program on site. The expectations of performers should not be purely technical - we must nurture and develop artistry and quality that can so easily be lost."*

**- Lucinda Dunn OAM, Artistic Director**  
The Tanya Pearson Classical Coaching Academy



*"If my years in the industry have taught me anything, it is that there is no substitute for a safe, professional-level skill set. That is why, when it comes to our faculty, we have stacked the deck with experienced, industry professionals that still loom large in the world of dance. In this way, students receive a solid, foundation that is not only relevant to the industry but caters to the individual journey that each dancer must take. When those skills click into place, and the inevitable growth takes hold, there is no job in the world I would rather do."*

**- Kelly Aykers, Director,**  
Kelly Aykers Full Time Dance

*"Our mission has been to create, enhance, and elevate the profile of Performing Arts in Australia and internationally ... We are passionately committed to striving for brilliance. Our graduates become employed performers and are working in every single area of the performing arts. Directors William Forsythe, Elena De Cinque and Mario De Cinque pride themselves on all the graduates working globally including all at international theme parks, cruise ships, the Moulin Rouge, London's West End and Broadway in New York. Anyone who has passed through the ED5INTERNATIONAL famous red doors for the past 17 years will tell you that we pride ourselves on being a family. We relish in hearing all the wonderful news we receive from graduates and keep in close contact with them about auditions, work opportunities and anything else we can to assist in their careers."*

**- Elena De Cinque, Founder & Director**  
Ed5International



*"Full-time study instils in students the skills, disciplines and endurance necessary to the performers working world. It provides them with a comprehensive range of skills, knowledge and understanding, which allows them to be versatile and adaptable to any situation. At Principal it is our firm belief that performance of any kind is a full body and mind experience. To achieve this we ensure that all our performers are clearly and dynamically expressive in their performance and that they have the technical expertise to fully achieve this."*

**- Phil Talbot, Director**  
Principal Academy

*"Commencing full time training in dance, specifically ballet, is a massive step for any young person, as the physical and mental commitment must be total. The daily work of full time is without question the hardest thing any young dancer will encounter. Deciding on a program, however, is finding the right situation, environment, and teachers, to make the dancer feel supported, encouraged, and challenged. What makes NBT stand out, aside from the successes of our current and former dancers, is that our faculty, challenge each dancer within an encouraging environment ...At NBT, we strive to make our studio a place of excellence, discipline, professionalism, hard work, and most importantly, enthusiasm and joy."*

**- Rider D Vierling, Director**  
Newcastle Ballet Theatre



*"At Spectrum Dance we transform your creativity and passion into a career! Our focus at Spectrum is to train our students to be the most versatile and employable performers. Limited to 65 students spread across our amazing range of courses allows us to give personal attention to all our students. Spectrum is a home away from home where our pre-professional students are guided and mentored by our core faculty of internationally renowned industry leaders. Spectrum prides itself on ensuring all students receive the benefit of current industry expertise from our faculty and are encouraged to work in the entertainment and performance industry as a part of their training with the support of Spectrum Talent Agency. At Spectrum you will 'Be Known' and 'Be Seen'."*

**- Trish Squire Rogers, Co-Director**  
Spectrum Dance

*"Dance Force prides itself on producing versatile, humble, industry-ready professionals. We differ from a lot of other full time institutions by accepting only ONE elite full time group. This gives teachers the time to really get to know each individual student and give each student the time needed to ensure they have achieved all their goals for their full time training. You will be exposed to the most sought after industry professionals in every genre but most importantly you are joining a family that will be there for you not just in your time of training but forever."*

**- Nicole Wells, Director**  
Dance Force



*"When studying at a full time school you are working under the guidance of your future employers. It exposes you to different styles, technique and choreographers. Full time allows you the time to inwardly focus on your technique, artistry and prepare with every tool possible before entering the industry. We believe that Ev & Bow is different from other institutes because of its strong technical focus and Contemporary and Classical Ballet through line. Ev & Bow provide elite faculty that are current in the industry and are exclusive to our course."*

**- Sarah Boulter, Director**  
Ev & Bow



# Full Time...

Have you got what it takes to endure the grueling 40 hours a week of dance training?... With all the choreography, strengthening, conditioning, cardio, theory, gym work, extra private lessons, performances, auditions and travelling?

5 Essential Tools to get you through Full Time Performing Arts Training!

Of course you do! Dance is like this magical potion and when you love it enough to choose to do full time training, then your passion will help you achieve your dreams. But, in truth, it helps if you are properly prepared for the journey.

## PHYSICAL PREPARATION

For most students, transitioning from after-school to full time dancer means double (sometimes triple!) the number of hours you will spend dancing and training. To reduce the chance of injury when you transition, it is a great idea to start taking as many extra classes as you can. Focus on strengthening your areas of weakness. For example, if your contemporary work is weak, then take as many basic technique classes as you can. Increase your cardio fitness by running or cycling, and make sure that you have a strengthening routine that includes either Pilates, yoga or gym work.

## PROFESSIONAL SUPPORT

Connecting with an experienced dance physiotherapist, osteopath, massage therapist and other health practitioners before you start the year is really important. Building a good relationship with your physio or massage therapist can be very useful in times of unexpected injury or pain. My physio was always willing to squeeze me in last minute and because she knew me so well, was able to dramatically reduce injury recovery time and even work with me to help prevent injuries.

## NUTRITIONAL SUPPORT

The key to giving yourself the best nutritional support is education. As a full time dancer you need to learn just as much about diet and nutrition as you do dance technique.

- Learn which foods give the best slow-release energy.
- Get to know important facts; e.g. sports drinks are just full of sugar!
- Educate yourself on which extra vitamins and minerals you will need e.g. most dancers will need extra magnesium for muscle support.
- Learn to prepare healthy meals and snacks. This is especially important if you're moving away from home for the first time.

**HOT TIP:** If you have a 6-week break before you start your course, make sure you keep up your technique and cardio to prevent injury in those first few crucial weeks at full-time!

Damian Tierney  
PHOTOGRAPHY



# CAN YOU HANDLE IT?

The way I like to think of nutrition is not “what can I eliminate?” but instead, “what healthy foods that are full of nutrients can I ADD to my diet?” When you make a big list of healthy foods and add as many of these to your diet as you can, then there is not much room for unhealthy stuff! You can always see a nutritionist to help you figure out what will work for you.

## MENTAL SUPPORT

The full time dance environment is fast-paced and highly-demanding, both physically and mentally. Having a support network of friends and family is essential to making sure your emotional needs are met, especially during competitions, exams or audition season.

If you don't feel like you can talk to your family or friends, or feel like they don't really understand what you're going through (especially as the dance world is unlike any other), then I suggest enlisting the support of a counsellor or youth mentor to help guide you through what can be a challenging time. Many of my friends, who were also professional dancers, agree that their full time training was actually more demanding than being a professional company dancer!

Another form of mental support that you may find helpful is to start writing a personal written journal. Keeping a journal can help you to:

- Process situations or problems you are having.
- Express yourself through drawing and writing thoughts and ideas down.
- Work through emotions or any strong feelings that may arise.

My favourite morning journaling exercise is to write down 3 things that I am grateful for because it always puts me in a good mood. In the evening I like to 'brain dump' onto paper every single thought that is swimming around in my head before I go to bed, so I can easily sleep with a clear mind!

## SELF LOVE

If you are thinking of doing full time next year, then I suggest you start strengthening your self-love muscle right now as well. You are going to be thrown corrections and criticism all day, and it is easy to fall into the trap of self-criticism or judging yourself. It is important to catch any self-doubt or negative thoughts as they arise, and start to become your own cheer squad, motivator and best friend. A few ways to practice self-love are:

- Tell yourself you love and accept yourself every day.
- Remind yourself of your good points and your strengths every day.
- Write positive affirmations everywhere.

I have “I am enough” written on my bedroom mirror in pink lipstick!

- Follow inspirational blogs and social media pages that lift you up as an individual.

**Self-love is the single most important tool you will need, not just for full time training as an artist, but also for the rest of your life.**

by *Alisha Coon*  
Self Savvi

### About Alisha Coon ...

Alisha Coon was a professional dancer for over 10 years, performing all over the world with companies in Europe, and also with the Sydney Dance Company and Queensland Ballet. Alisha has been working with teens for 14 years and has counseling skills from a Diploma of Dance Movement Therapy, has completed the Body Esteem Educator Training (Butterfly Foundation), is a Registered RAD Ballet teacher and is currently completing a Youth Mentor certification (Shine from Within Youth Mentor Program).

Alisha is the founder of **Self Savvi**, which is an education company that provides personal development resources for teenage girls. If you would like to book a Self-confidence or Stress Management workshop at your dance school, or perhaps feel that your student would benefit from some mentoring sessions, then please check out [www.selfsavvi.com](http://www.selfsavvi.com) for more information.



If you would like some guidance in building up your self-love and self-confidence, Alisha has created an eBook called “5 Secrets to Super Self-Confidence for Teenage Girls” which you can **DOWNLOAD for FREE**



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[selfsavvi.com](http://selfsavvi.com)

[selfsavvi](https://www.instagram.com/selfsavvi)

# AUSTRALIAN COLLEGE OF PHYSICAL EDUCATION

RTO 5806

## COURSES:

Bachelor of Dance Education  
 Bachelor of Dance Practice  
 Bachelor of Health Science (Dance)

## AUDITION DATE:

Saturday 14th October at the Sydney Olympic Park campus.

## COURSE DESCRIPTION & SUBJECTS:

**Bachelor of Dance Education** - A specialist professional qualification and is unique in Australia in that it provides the knowledge and skills to become qualified as a Dance teacher and a Physical and Health Education teacher. Highly qualified and experienced professionals deliver subjects in a supportive learning environment. The degree develops in each student the requisite pedagogical knowledge and understanding to be an effective classroom ready teacher. Students will be provided with school based practical experiences throughout their degree.

**Subjects:** Dance History, Foundations of Dance, Skill Acquisition, Dance Composition, Dance Production, Popular Dance Styles, Musculoskeletal Anatomy & Physiology, Professional Experience, Classroom Skills, Classical Dance Styles, Child & Adolescent Development, Dance Analysis, Social Influences & Student Diversity, Elements of Movements, Aboriginal & Torres Strait Islander Education and more.

**Bachelor of Dance Practice** - A specialised degree designed to produce graduates who are able to work in a range of capacities in dance development and the dance industry. The Bachelor of Dance Practice provides students with the skills and knowledge required to be leaders within the dance industry and with a wide range of community groups, in roles such as teachers, facilitators, and administrators.

**Subjects:** Foundations of Dance, Understanding Health, Skill Acquisition, Dance Composition, Dance History, Dance Production, Popular Dance Styles, Musculoskeletal Anatomy & Physiology, Classical Dance Styles, Functional Anatomy, Introduction to Sports Business, Dance & Technology, Teaching Skills: Dance Studio, Introduction to Performance & Exercise Psychology, Event & Project Management and more.

**Bachelor of Health Science (Dance)** - Designed to enhance a professional's understanding of synergies between dance and health science and facilitates work in both public and private organisations across a range of occupations. The main instrument in dance is the human body - students will learn how to apply scientific principles to dance movements, develop a greater understanding of dance techniques and risks associated with improper execution.

**Subjects:** Foundations of Dance, Understanding Health, Chemistry, Application of Maths & Statistics for Health and Sport, Dance Composition, Biology, Musculoskeletal Anatomy & Physiology, Biochemistry & Nutrition, Dance History, Popular Dance Styles, Dance & Somatics, Biomechanics, Human Pathophysiology & Pharmacology, Research Design & Epidemiology Research in Action (Dance), Psychology, Health & Physical Assessment, Small Business Management Principles, Dance Performance and more.

## SUBJECTS:

Download the course brochures at [acpe.edu.au](http://acpe.edu.au) for the full course lists.



[www.acpe.edu.au](http://www.acpe.edu.au)

[newstudents@acpe.edu.au](mailto:newstudents@acpe.edu.au)

1300 302 867

10 Parkview Drive, Sydney Olympic Park NSW 2127

theacpe

theacpe

ChannelACPE

TheACPE



**ACPE**  
 AUSTRALIAN COLLEGE OF  
 PHYSICAL EDUCATION

A female dancer in a dark studio is captured in a dynamic pose, performing a high kick with her right leg extended vertically towards the ceiling. She is wearing a dark grey tank top and grey leggings. Her left leg is planted on the floor, and her right arm is extended upwards, holding her right foot. The background is a dark wall with a grid of small, square ventilation holes. The floor is dark and reflective, showing a bright light source from below. The text "MAKE YOUR MOVE IN THE DANCE INDUSTRY" is overlaid on the image, with "DANCE" in yellow and the rest in white.

# MAKE YOUR MOVE IN THE **DANCE** INDUSTRY

Study a Bachelor of Dance Education, Dance Practice or Health Science (Dance) at ACPE to get your career in dance moving. Visit [acpe.edu.au](http://acpe.edu.au) for more information, open days, and audition dates.

Bachelor of Dance Education student Erica Thigpen in the ACPE studio.



**ACPE**  
AUSTRALIAN COLLEGE OF  
PHYSICAL EDUCATION

**COURSES:**

Diploma of Dance (Elite Performance) – Classical Contemporary [CUA50113]

Diploma of Dance (Elite Performance) – Performing Arts [CUA50113]

Diploma of Musical Theatre [CUA50213]

Brent Street Academy

**AUDITION DATE:**

Firstly, submit your information online and you will then be contacted to ascertain your suitability to audition. Then you will be emailed with further information about the course and audition process. Please contact us for further audition opportunities later in the year we may have available. Also accepting video and private auditions.

**COURSE DESCRIPTION:**

Brent Street prides itself on offering the most complete performing arts training in Australia, delivery arts tuition for nearly 30 years.

**Diploma of Dance (Elite Performance) in Classical Contemporary** – a technically diverse course is based around the demands for highly skilled classical contemporary dancers across the international contemporary company industry.

**Diploma of Dance (Elite Performance) in Performing Arts** – This is Brent Street's signature performing arts training program (previously a Cert IV & now offered at a Diploma level) that develops skills required of performers to work in the musical theatre & commercial dance industries.

**Diploma of Musical Theatre** – gives aspiring musical theatre professionals the best possible preparation for a career in this demanding industry. The Diploma is a full-time, one-year intensive program focused on musical theatre technique and performance at an elite level.

**Brent Street Academy** – a full-time Pre-professionals' Program for school-aged students who display exceptional talent in the performing arts combined with a commitment to completing year 12.

**TEACHERS:**

Lucas Newland, Darren Mapes, Teneill Wilson, Lynsey Waugh, Lisa Callingham, Cameron Mitchell, Bec Morris, Stephen Tannos, Cat Santos, Kate Wormald, Danielle Kyneur, Alice Robinson, Mitchell Woodcock, Darren Yap, Lauren Hustler, Mitchell Dellevergini, Deone Zanolto, Rani Luther, Ellen Simpson, Mark Hill, Talia Fowler, Bev Kennedy, Josh Anderson, Saskia Smith, Valerie Bader, Rob McLean, Dave McLean, Natasha Window, Jennifer Peers, Cassandra Bartho, Ryan Gonzalez, Matt Ogle, Paris Cavanagh, Kino McHugh, Sally Hare, Kiara Gregory, Peta Anderson, Matt Gode, Robbie Kmetoni, Stephen Perez, Natalie Ayton, Omer Backley-Astrachan, Anja Mujic, Fetu Taku, Mitchell Turnbull, Eden Petrovski and weekly Australian and International guests.



brentstreet.com.au

reception@brentstreet.com.au

1300 013 708

122 Lang Rd, Moore Park NSW 2021

brentstreetstudios

brentstreet

BrentStreetStudios

*"Completing my Diploma of Musical Theatre at Brent Street was an incredible year of learning for me. I walked into the course with the goal to be a better dancer, but left with so much more than that. The vocal training the best I ever had, the acting classes pushed me to explore roles and works I wouldn't have thought possible and the insight into audition technique with Brent Street teachers and our guest master classes gave me all the tools I needed to book professional work."*

**- Asheigh O'Brien,**  
2013 graduate





BRENT / STREET

# AUDITIONING NOW FOR 2018

[brentstreet.com.au](http://brentstreet.com.au)

**CUA50213 Diploma of Musical Theatre**

**CUA50113 Diploma of Dance  
(Elite Performance)**

(specialising in Performing Arts)

**CUA50113 Diploma of Dance  
(Elite Performance)**

(specialising in Classical Contemporary)

**Brent Street Academy**

Combining education and the best performing arts training in Australia. (School years 10, 11 & 12 in 2018)

Secure your spot today; please email  
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[reception@brentstreet.com.au](mailto:reception@brentstreet.com.au)

**COURSES:**

Certificate III in Assistant Dance Teaching [CUA30313]

Certificate IV in Dance [CUA40113]

Diploma of Dance (Elite Performance) [CUA50113]

**AUDITION DATES:****Auckland New Zealand:** Monday 17th July, Auckland Grammar**Sydney** at Australian Dance Festival in September 2017**Video submissions** accepted, go to [www.danceforceoz.com.au/events](http://www.danceforceoz.com.au/events)**COURSE DESCRIPTION:**

Our courses are designed to provide individual dancers wanting a career in the performing arts industry with the tools and guidance required to develop their technique and performance in all genres to an exceptional standard, and an important education in the workings of the entertainment business including marketing their own unique brand.

Dance Force has become one of Australia's leading performing arts facilities with a very high percentage of its graduates gaining employment in the industry. Located on the southern end of the Gold Coast, in a very affordable area to live with wonderful weather and plenty to do. All of our courses are nationally, government accredited.

Every week students have a minimum of 12 different teachers who are some of Australia's most sought after choreographers and industry professionals. Full Time students are also able to attend classes at our prestigious part time studio afternoons and weekends at no extra cost. Dance Force dancers are known for their versatility, hard working attitude and humbleness, which in turn makes them employable in all areas of the performing arts industry.

In 2018, we are opening our education department where students can now compete their high school years 10, 11 & 12 in conjunction with their full time training in a classroom environment with one teacher per five students.

**SUBJECTS:**

Ballet, Jazz, Contemporary, Hip Hop, Musical Theatre, Singing, Business &amp; Marketing, Choreography, First Aid.

**TEACHERS:**

Nicole Wells, Ben Veitch, Heidi Jennings, Kylie Goeldner, James Fenwick, Gustavo Polanco, Vanessa Frisia, Troy Phillips, Peter Murphy, Michael Edge, Carly O'Connor. An interstate teacher is flown up every Friday such as Cat Santos, Stephen Tannos, Neale Whittaker, Natasha Marconi, Robert McLean, Lucy Doherty and more.

[www.danceforceoz.com.au](http://www.danceforceoz.com.au)[info@danceforceoz.com.au](mailto:info@danceforceoz.com.au)

0410 237 699

1/23 Enterprise Avenue, Sth Tweed Heads NSW 2486

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danceforce

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*"Dance Force not only shaped me as a dancer in more ways I could imagine, but I grew so much as a person in my time there. They developed me into a hard-working and dedicated performer and gave me the knowledge I needed to break out into the professional dance industry. I am forever grateful to my beautiful teachers for getting me where I am today. I am travelling the world doing what I love. What more could I ever ask for."*

**- Courtney Reid**

(Royal Caribbean Productions, Dubai Parks &amp; Resorts)

*"I was let out into the dance world with a great confidence and versatility in all styles of dance. Dance force shaped me into the person I am today, I could never thank the faculty enough for standing behind me 100% everyday. Everything is done out of love."*

**- Holly Mackie**

(Can-Can soloist and snake swimmer at the Moulin Rouge)

# DANCE FORCE



## REGISTER NOW FOR 2018

CUA30313 - Certificate III in Assistant Dance Teaching

CUA40113 - Certificate IV in Dance

CUA50113 - Diploma of Dance (Elite Performance)

### INTRODUCING OUR NEW EDUCATION DEPARTMENT

You can now complete years 11 and 12 while doing your full-time training all under one roof.

[www.danceforceoz.com.au](http://www.danceforceoz.com.au)

Delivered in partnership with the Australian Teachers  
of Dancing RTO # 31624



NATIONALLY RECOGNISED  
TRAINING



**COURSE:**

Advanced Diploma of Performing Arts [10149NAT]

**AUDITION DATES:**

**Brisbane:** Saturday 19th August – Dance Expressions Company, Fortitude Valley

**Sydney:** Sunday 20th August – ED5INTERNATIONAL, North Strathfield

**Melbourne:** Sunday 27th August – Alex Theatre, St Kilda

**COURSE DESCRIPTION:**

ED5INTERNATIONAL is proud to offer their unique accredited Advanced Diploma of Performing Arts, exclusive to ED5INTERNATIONAL. Guided by William A. Forsythe with founders Elena & Mario De Cinque it boasts Australia's leading faculty. Graduates perform in musical theatre, television, stage, theme parks, overseas contracts, cruise ships and a multitude of other entertainment arenas.

The course is youth allowance approved and accredited by ASQA (Australian Skills Quality Authority), NRT (Nationally Recognised Training) and AQF (Australian Quality Framework). ED5INTERNATIONAL is a short 5 min walk from North Strathfield train station and there is ample street parking.

ED5INTERNATIONAL elevates and enhances the profile of Australian Performing Arts and delivers the highest level of performer through dedication, discipline, talent and a lot of laughter and love. Our philosophy is work hard and you can achieve any goal you wish.

**SUBJECTS:**

The course is designed for students who aspire to work in the entertainment industry. The course consists of 17 units of competency which includes: Musical Theatre, Jazz, Tap, Ballet, Group & Private Singing, Contemporary, Hip Hop, Acting, Group Harmonies, Repertoire, Performance Coaching, Cabaret, Lyrical, Nutrition, History of Musical Theatre, Music Theory, Anatomy, Image Management, Make-up, Acrobatics, Improvisation, Choreography, Audition Technique, Mock Audition Class, Heels, Strength & Conditioning, Yoga, Cardio, Pilates, Swing Class and more.

**TEACHERS:**

William A. Forsythe, Elena De Cinque, Kim Traynor, Nathan Sheens, Leslie Bell, Phillip Filo, Debbie Whitelock, Michael Corbett, Shannon O'Shea, Dolce Fisher, Adam Blanch, Sophia Brennan, Nathan Zammit, Ed Wightman, Sheena Crouch, Martin Crewes, Danielle Barnes, Nigel Turner-Carrol, Monica Zanetti, Caroline Kaspar, Aaron Farley and Phly Crew.

*"ED5 International opened my eyes to what was expected of me as a professional dancer in terms of diversity, technique and performance. Coming from a small city in New Zealand, I was unaware of what was needed to succeed. Learning from the wide range of teachers at ED5, I could finally form a clear goal of where I wanted to be as a dancer before entering the professional world. It created a fire and a hunger that I didn't have before, because I knew if I wanted to be successful, I would have to continue to push past my previous limitations to be strong enough to compete in the industry mentally, physically and emotionally."*

**- Amy Van De Wetering**

*"ED5INTERNATIONAL was the perfect foundation for a career in the entertainment business. The exceptional, world-class owners, teaching staff, individual focus on each student's success and overall wisdom has helped guide me throughout my performing career. It pushed me to levels I never thought I could achieve and left me confident and prepared for the real world. I'm so proud to be a part of the ED5 family."*

**- Michael van Doorn**



[ed5international.com.au/fulltime](http://ed5international.com.au/fulltime)

[vana@ed5international.com.au](mailto:vana@ed5international.com.au)

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# ADVANCED DIPLOMA COURSE IN PERFORMING ARTS exclusive to **ED5INTERNATIONAL**



## AUDITION DATES

BRISBANE: SATURDAY 19TH AUGUST

SYDNEY: SUNDAY 20TH AUGUST

MELBOURNE: SUNDAY 27TH AUGUST

Australian  
Qualifications  
Framework



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**10149NAT ADVANCED DIPLOMA OF  
PERFORMING ARTS**

(RTO 90036)

FOR MORE INFORMATION GO ONLINE

**ed5international.com.au**

## DIRECTORS / PRINCIPALS

William A Forsythe

Elena De Cinque

Mario De Cinque

**9 George Street  
North Strathfield NSW 2137**

Phone: 02 9746 0848

## COURSES:

Certificate IV in Dance [CUA40113]

Certificate IV in Dance Teaching & Management [CUA40313]

## AUDITION DATES:

Sunday 30th July 2017 at studio

Saturday 16th & Sunday 17th September at the Australian Dance Festival, Sydney

## COURSE DESCRIPTION:

**Cert IV in Dance** – Revolutionising the way dance-based courses are delivered, Ettingshausens PRO combines a nationally recognised course qualification with classes led by affiliated industry professionals to further your technical development, performance artistry and provide you with exposure to the industry. Our boutique course provides limited spaces, allowing for more individual attention and guidance to further your creative development and build your unique brand in a supportive environment.

**Cert IV in Dance Teaching & Management** – Ettingshausens has 23 years experience in studio management and teacher development. As industry leaders we can guide and coach you on the road to becoming a dance teacher and owning your own successful dance business. Learn teaching and planning skills, production management, choreography and all important business skills. Delivered as a 40-week part-time course, combine your study with work and continued dance training.

## SUBJECTS:

Acrobatics, Acting, Ballet, Broadway, Career Management, Choreography, Commercial Jazz, Contemporary, Fitness, Hip Hop, Jazz, Latin, Lyrical, Musical Theatre, Nutrition, Pilates, Singing, Tap, Technique, Working in Heels.

## TEACHERS:

Kelley Abbey, Thern Reynolds, Joanne Ansell, Troy Harrison, Eden Petrovski, Stephen Tannos, Aric Yegudkin, Neale Whittaker, James Barry, Sarah Stollery, Dave McLean, Cassie Bartho, Gaynor Hicks, Jayde Westaby, Aimee Reagan, Tim Moxey, Kate Larter, Michael Ettingshausen.

*"Ettingshausens Fulltime was one of the best years of my life. The experiences learned are ones I will always carry with me during my entire working career. Throughout the year the teaching faculty gave us excellent industry connections and opportunities to help us get started which I am so grateful for. I am now a working commercial dancer and have worked with some top choreographers on amazing jobs! Ettingshausens was the ideal course for me as they focused on developing our versatility as well as helping me to create a brand for myself! Happy to call them my second family."*

**- Eloise Harpas**  
2015 graduate

*"Studying my Cert IV in Dance Teaching & Management at Ettingshausens has been one of the best decisions I have made. I highly recommend this course if you want to develop your teaching skills across all genres in a nurturing environment with industry professionals. I love going in on my course days and discovering new skills I never knew I had!"*

**- Meg Attwell**  
2017 graduate



ettingshausens.com.au

fulltime@ettingshausens.com.au

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# ETTINGSHAUSENS<sup>PRO</sup>

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NATIONALLY RECOGNISED  
TRAINING

RTO 40539

# EV & BOW FULL TIME DANCE TRAINING CENTRE

RTO 40491

## COURSES:

Certificate IV in Dance [CUA40113]

Diploma of Dance (Elite Performance) [CUA50113]

## AUDITION DATE:

Saturday 2nd September 2017

## COURSE DESCRIPTION:

Under the direction of Sarah Boulter and Lisa Bowmer, Ev & Bow has a reputation of supreme quality. It is the premiere studio for innovation, passion and outstanding results. Ev & Bow is leading the way in the dance Industry with cutting edge choreography and professionalism. Ev & Bow selects exceptional dancers into a nurturing environment providing personal care and boasting limited class sizes. It is Ev & Bow's mission to provide quality training to enable the dancer to be a versatile and valuable member of the dance industry; and to broaden their knowledge, creativity and respect for their craft.

Possible Careers: Dancers graduating from this course have secured jobs with Australian Dance Theatre, Legs on the Wall, Cats, The Lion King, Mod Dance Company, Opera Australia, West Side Story, Royal Caribbean cruises, Princess Cruises, Celebrity Cruises, Disneyland, Universal Studios, Circus, the Dream Dance Company and a variety of television commercials and film.

## SUBJECTS:

Classical ballet, Contemporary, Choreography, Pas de deux, Repertoire, Jazz, Acting, Singing, Musical Theatre, Acrobatics, Hip Hop, develop yourself as an artist, personal training and professional development.

## TEACHERS:

Sarah Boulter, Lisa Bowmer, Adam Blanch, Cathy Goss, Christine Keith, Karina Pobereznic, Neale Whittaker, Ian Knowles, Erin Barney, Mike Evans, Omer Astrachan, Stephen Tannos, Jessie Hesketh, Brianna Kell, Lisa Griffiths, Georgette Sofatzis, Sara Black, Fiona Jopp, Daniel Jaber.



[evandbow.com](http://evandbow.com)

[info@evandbow.com](mailto:info@evandbow.com)

(02) 9542 1260

Unit 2/10 Yalgar Close, Kirrawee NSW 2232

[evandbow](https://www.facebook.com/evandbow)

[evandbow](https://www.instagram.com/evandbow)

[youtu.be/dvTBKS2HJYI](https://www.youtube.com/channel/UCdvTBKS2HJYI)

*"I believe Ev & Bow offers the best contemporary dance training for any young dancer. After having already trained and worked with internationally recognized teachers and choreographers before attending Ev & Bow, I believe that the caliber of teachers at Ev & Bow are of the highest standard and that the training offered throughout the program is current and industry relevant. My time at Ev & Bow helped me grow as a dancer and made it possible for me to get work at a higher performance level to what I was reaching in the past."*

- Paul Walker  
2011 graduate



# INNOVATION PASSION SUPREME QUALITY

Audition for 2018

Saturday 2nd  
September 2017  
NIDA Playhouse  
Theatre

For more information visit our website

[WWW.EVANDBOW.COM](http://WWW.EVANDBOW.COM)

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TRAINING CENTRE

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Photo: Damian Tierney

*Lilly Logan*  
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DANCE PHOTOGRAPHER

[DAMIAN TIERNEY.COM](http://DAMIAN TIERNEY.COM)

# FIONA'S STUDIO OF DANCE

## COURSES:

Diploma of Dance (Elite Performance) [CUA50113]

Certificate IV in Dance [CUA40113]

Transition Program for the Gifted and Dedicated (Dance & Schooling)

Delivered via RTO 31624

## AUDITION DATE:

Auditions available now by appointment or video audition.

## COURSE DESCRIPTION:

Fiona's Studio of Dance's teaching methods are designed for the apt student wanting to pursue a career in ballet/dance or dance related fields. Graduates are dancing professionally in Australia and overseas. Public transport and Youth Allowance/Austudy/Abstudy is available.

Our Transition Program is a rare opportunity to complete schooling alongside increased hours of dance training. Students attend Monday to Friday completing school academics from 9-12pm and individualised dance-training from 12.30-4pm. We provide each and every dancer a unique training experience, personally guiding them for a career in any of the following careers: Ballet or Dance Company, Broadway, Musical Theatre shows, Teaching and related dance careers, and as a precursor to study a degree at any university of their choice.

## SUBJECTS:

RAD Ballet & Open Classes, Exam Coaching, Repertoire, Pointe, Pas de Deux, Character, Contemporary, Jazz, Singing, Musical Theatre, Pilates, Drama/Mime, Anatomy, Nutrition, Music, Safe Dance Practice, Dance History, Composition, Acrobatics, Career Preparation & Audition Technique.

## TEACHERS:

Fiona Donaldson, Jeremy Gates, Lauren Hustler, János Szabó, Aleeta Northey, Lisa Merryfull & Alison Hodge.

**CHALLENGE.  
ENCOURAGE.  
ACHIEVE.**

### Full Time Accredited Training Courses

CUA50113 . DIPLOMA IN DANCE (Elite Performance)

CUA40113 . CERTIFICATE IV IN DANCE

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TRANSITION PROGRAM (YRS 7-12 SCHOOLING & DANCE)

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(02) 4973 3133



1/5 Kam Close, Morisset, Newcastle NSW 2264



FionasStudioOfDance

# LEE ACADEMY PERFORMING ARTS SCHOOL

RTO 70230

## COURSES:

Year 7&8 High School studies plus Certificate I in Dance [CUA10113]

Year 9&10 High School studies plus Certificate II in Dance [CUA20113]

Year 11&12 High School studies plus Certificate III in Dance [CUA30113]

## AUDITION DATE:

Open Audition Day: Sunday 13th August 2017

Pre-registration is essential. Auditions & Interviews are by appointment and are now open for 2018.

## COURSE DESCRIPTION:

Lee Academy Performing Arts School is about helping students to achieve their personal, academic and career goals through industry endorsed and accredited Vocational Education and Training.

The purpose of the Lee Academy Performing Arts School is to offer specialist education with exceptional strengths in the academic curriculum requirements and dance.

The School is designed specifically for dancers in years 7-12 who display physical potential and the desire to pursue a career in the performing arts. Students can expect high levels of educational support via the distance education provider and fulltime, fully qualified, on-site educational tutors.

**Vision** – Lee Academy Performing Arts School offers specialist education with exceptional strengths in the academic curriculum and the performing arts where individuals are valued and supported in the pursuit of their aspirations.

**School Motto** – ‘Challenge Yourself’

**School Values** – Lifelong Learners, Striving towards the achievement of one’s personal best, Integrity, Self-Respect, Respect for others, Creativity, Compassion, Accountability, Participation, Problem Solving, Communication.

## SUBJECTS:

All NSW academic curriculum requirements plus performing arts.

## TEACHERS:

Jo Cotterill, Alyssa Casey, Di Rakebrandt, Dianne Banks, Katie Bettini, Ben Dunlop, Keith Hawley, Joshua Horner, Rob McDougall, Celeste Barber, Michael Stone, Danni Hegarty – plus more.



[leeacademy.com.au/high-school.html](http://leeacademy.com.au/high-school.html)

[admin@leeacademy.com.au](mailto:admin@leeacademy.com.au)

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# PERFORMING ARTS SCHOOL CENTRAL COAST



**YEARS 7 – 12**

*apply now for 2018*

**LEE ACADEMY**

3 TEAMSTER CLOSE, TUGGERAH 2259

PHONE: (02) 43 510517

EMAIL: [ADMIN@LEEACADEMY.COM.AU](mailto:ADMIN@LEEACADEMY.COM.AU)

# LEE ACADEMY FULL TIME

RTO 70230

## COURSES:

Certificate III in Dance [CUA30113]

Certificate IV in Dance [CUA40113]

Diploma of Musical Theatre [CUA50213]

Diploma in Dance (Elite Performance) [CUA50113]

Advanced Diploma in Dance (Elite Performance) [CUA60113]

Acrobatics &amp; Aerial Fulltime – inc Diploma in Dance (Elite Performance) [CUA50113]

**AUDITION DATE:** Scholarship & Open Audition Day: Sunday 13th August 2017

Pre-registration is essential. Auditions are by appointment and are now open.

**COURSE DESCRIPTION:** Lee Academy Full Time makes the link for dancers from students to professionals. Providing a guided career pathway for aspiring performers and giving you every opportunity to expand your skills, nurture your versatility and explore your artistic self-expression. Our courses get you a huge leap closer to your dream and guide you into a successful professional career.

**Advanced Diploma in Dance (Elite Performance)** – Graduates of this program are robustly competitive and are positioned on the forefront of the performing arts industry. Training for the world-class performer, a physically intense program with abundant opportunities in all facets of the performing arts. Graduates leave with a higher recognition credential allowing an easier transition to University should they wish to take this path.

**Diploma in Dance (Elite Performance)** – Performers graduate with a higher qualification and level of skills and technical ability, giving them a competitive edge in auditions & the industry as a whole. Students concentrate training specifically in dance genres with a focus on the technical and professional skills required for an outstanding, long-term career in the Contemporary/Ballet or Commercial Dance Industries.

**Acrobatics & Aerial Fulltime including the Diploma in Dance (Elite Performance)** – Perfect for students wishing to further their training in tumbling, contortion, acrobatics, trampolining & various aerial apparatus, achieving a successful career in circus arts. This course includes the Diploma in Dance.

**Diploma of Musical Theatre** – Focussed on singing, dancing & acting, students are prepared for outstanding careers in the Musical Theatre Industry. Obtaining skills & knowledge in audition preparation, musical theatre live performance & industry practises. This course is taught by currently working & highly-skilled musical theatre professionals with excellent connections to the industry.

**Certificate IV in Dance** – For dancers embracing full time elite training & a stepping-stone into a successful professional career. A one-year full time course encompassing all dance styles, acting, singing, acrobatics & aerial.

**Certificate III in Dance** – Provides a foundation year for young people who aim to become professional performers. This course is for dancers between 15 and 16 years of age, who have completed Year 10 or equivalent.

**SUBJECTS:** Accent Training, Acrobatics/Gymnastics, Acrodancer, Acting, Anatomy & Nutrition, Ballroom Dance, Choreography, Classical Ballet (RAD), Contemporary, Dance Psychology, Heel Technique, Hip-Hop, Industry Practices, Jazz – Broadway & Commercial, Kicks Turns Leaps, Lyrical, Musical Theatre, Musical Theatre Theory & History, Partnering, Pointe, Pop Vocal, Private Tuition, Professional Development, Psychology, Silk Tissue, Trapeze & Lyra, Stage & Screen Choreography, Stage & Theatre Practices, Stagecraft, Tap, Theatre Dance, Theatre Vocal, Theatrical Make-Up, Tumbling/Flips, Vocal Ensemble.

**TEACHERS:** Jo Cotterill, Alyssa Casey, Di Rakebrandt, Dianne Banks, Katie Bettini, Ben Dunlop, Keith Hawley, Joshua Horner, Rob McDougall, Celeste Barber, Michael Stone, Danni Hegarty plus more.


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*"Lee Academy (LA) Full Time gave me everything I needed & then some. I had a job to go to before I even graduated! I worked at Universal Studios and then went back to LA, honed my skills & got the Cirque/ dance show 'Voyage de la Vie' (Singapore). I studied Diploma in Dance & got offered a great job with Norwegian Cruiselines. Lee Academy is the place to be if you want the best from yourself & your career."*

- Michael Stone

# LEE ACADEMY

THE MOST COMPLETE AND VERSATILE TRAINING PROGRAM

## ADVANCED DIPLOMA OF DANCE

*(Elite Performance) CUA60113*

### DIPLOMA OF DANCE -

*(Elite Performance) CUA50113*

majoring in:

Contemporary/Ballet & Commercial dance

### DIPLOMA OF DANCE - ACRO

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majoring in: Acrobatics & Aerial live performance

### DIPLOMA OF MUSICAL THEATRE

CUA50213

### CERTIFICATE IV IN DANCE

CUA40113



phone 02 43510517  
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# NATIONAL COLLEGE OF DANCE

## COURSES:

Certificate III In Dance [CUA30113] – 1 or 2yrs part time with Distance Education

RTO 91281

Certificate IV in Dance [CUA40113] – 1yr full time

Diploma of Dance (Elite Performance) [CUA50114] – 1yr full time

Intensive Training Program (private course) – students from Year 7 upward

## AUDITION DATE:

Individual auditions are held throughout September. Bookings essential.

Please make contact for auditions via DVD or private audition.

## Pre-requisites:

- Students should have completed Classical Ballet exams to the equivalent of Intermediate RAD level
- Auditions require students to complete a College class with NCD, and have a classical and contemporary solo prepared. Interviews with Artistic Director will follow.

## COURSE DESCRIPTION:

With a clear focus and a long history of preparing students for a professional career in dance, the National College of Dance (NCD) provides creative new methods and advanced dance training that prepares students to be a valued and versatile dancer in our professional industry. Through building on student strengths, developing artistry, and nurturing students to strive to the next level, our proven methods have seen graduates gracing stages all over the world in both national and international companies.

Whether you want a classical or contemporary career, NCD embraces each student's unique artistry and talent, and prepares them to thrive in a competitive industry. NCD specialises in Classical Ballet, Contemporary Dance and Jazz Dance, hence our students can utilise their classical-based training to strengthen their aptitude in all genres of dance.

Throughout the year our students have the opportunity to perform in mid-year performances, competitions, festivals, corporate events and an end-of-year production. Our students regularly perform to live musicians and we have one commissioned composer where students are choreographed to while the music is being composed — An incredible opportunity for students to experience!

NCD provides the perfect platform to commence your professional career, as our young dancers have everything they need to succeed at their fingertips. Audition at NCD this September and start your dance career now!

## SUBJECTS:

Classical Ballet, Contemporary Dance, Repertoire, Jazz, Performance & Audition Preparation, Partnering, Choreography, Body Conditioning, Anatomy, Nutrition, Career planning & Private coaching. Units selected in each of these courses are a reflection the NCD focus in preparing students for a professional career in dance.

## TEACHERS:

Brett Morgan, Tim Gordon, Debbie Ellis, Jake Burden, Zoe Jones, Emma Burden-Jones & Elise Frawley.

Visit [nationalcollegeofdance.com](http://nationalcollegeofdance.com) to read about more of the staff and their extensive expertise.



[nationalcollegeofdance.com](http://nationalcollegeofdance.com)

[auditions@nationalcollegeofdance.com](mailto:auditions@nationalcollegeofdance.com)

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[channel/UCqhl0RpkgCSqZx4GqIn5R4A](https://www.youtube.com/channel/UCqhl0RpkgCSqZx4GqIn5R4A)

*"National College of Dance is a place where I learnt and grew as an artist. Where I believed in myself, to have a career in dance. It led me to amazing opportunities, and opened up many, many doors. The experience at NCD was something special, and I am forever grateful to have trained there. The amount of dedication and trust my teachers and mentors gave me, the way they believed in me, that was the most important part. Everyone who I have crossed paths with in my journey has made my experience an inspiring one, it made me realise how much love I have for this art form, and how much I cherish being a dancer. I couldn't thank NCD enough for having faith in me from the very beginning of my time there."*

**- Belinda Zhang**

(Guangdong Modern Dance Company)





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## Have you ever wondered what it takes to be a professional choreographer?

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This is the NEW 'KELLEY ABBEY CHOREOGRAPHIC CHALLENGE' brought to you by **DANCELIFE AUSTRALIA** and **DANCELIFE UNITE!**

If you are aged between 17 and 25 and are a budding CHOREOGRAPHER, this challenge is for YOU!



### Here's how it works ...

- Head to [www.dancelifeunite.com.au](http://www.dancelifeunite.com.au)
- LISTEN to and **DOWNLOAD** the SET TRACK especially chosen for you by **KELLEY** to choreograph your piece to ...
- Decide whether you will choreograph on yourself or someone else, on a duet or group of dancers – the choice is YOURS!
- Your piece can be any genre – jazz, tap, contemporary, hip hop ... even ballet – the choice is totally yours as the CHOREOGRAPHER and CREATIVE DIRECTOR on this project!!
- FILM your piece and LOAD YOUR VIDEO to your own YOUTUBE CHANNEL (if you don't have one, create one – it's easy and fun!)
- Set your YOUTUBE CHANNEL to UNLISTED for protection of your artistic property!!
- COPY the YOUTUBE link and PASTE it into your entry form online at [www.dancelifeunite.com.au](http://www.dancelifeunite.com.au) when you finalise your entry.
- You will receive feedback from **Kelley Abbey** herself on your piece!
- If you are lucky enough to be chosen as a FINALIST in this challenge, you and your dancers will be invited to the DanceLife Unite National Grand Final on 24th September @ State Sport Centre, Sydney, to perform your piece and compete for cash & prizes totalling in excess of \$2,000!

### So what are you waiting for?

GET CHOREOGRAPHING NOW – **Kelley** can't wait to see what you CREATE!

NOW OPEN – ENTRIES CLOSE 12TH AUGUST, 2017

# NEWCASTLE BALLET THEATRE

## COURSE:

Certificate IV in Dance [CUA40113]

Non-Certificate Full Time Dance Program (private course)

## AUDITION DATE:

During Term 3 & 4 at the studio by appointment.

Delivered via RTO 31624

## COURSE DESCRIPTION:

Newcastle Ballet Theatre's Full Time Program is designed for the serious, advanced dancer looking toward a career in ballet and dance. Dancers have the option of studying toward a Cert IV in Dance or as a part of our Non-Certificate Program. All Full Time students have the option to join Australian Conservatoire of Ballet Syllabus classes, as well as any other NBT Studio classes as a part of their Full Time fees.

## SUBJECTS:

Ballet, Pointe, Pas de Deux, Boys Coaching, Contemporary, Jazz.

## TEACHERS:

Kristy Tancred, Rider D. Vierling, Meg Akerman.



Newcastle Ballet Theatre

Now taking Auditions for our  
Nationally Recognised  
Full Time Program, offering  
CUA40113 Certificate IV in Dance.

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Mail Young Photography NBT Full Time Dancer: Lilia Gubik

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[newcastleballettheatre.com.au](http://newcastleballettheatre.com.au)

[nbt1@live.com.au](mailto:nbt1@live.com.au)

(02) 4956 9372 / 0401 214 042

3/104 Munibung Rd, Cardiff NSW 2285

NewcastleBalletTheatre

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*"NBT's Full Time Program is fantastic. It's a well-rounded program with all of the essential classes that will improve your technique and creativity. The inclusion of dance appreciation, dance history and choreography subjects provide a depth of knowledge that is so beneficial later in your career. The teachers have so much expertise and energy to share and really get personal with you so that you can push yourself to the limits of your ability."*

- Lewis Formby

full time student 2016  
now Level 7 at The Australian Ballet School



# TANYA PEARSON CLASSICAL COACHING ACADEMY

## COURSES:

Full Time Transition Course  
Full Time Classical Ballet Course  
Full Time Dancers Course – NEW!

## AUDITION DATE:

Saturday 9th September 2017

## COURSE DESCRIPTION:

The Tanya Pearson Academy offers a selective part time and full time program for talented and dedicated students from Pre-Primary through to Solo Seal level founded on the traditions of Classical Ballet. The Academy provides specialised coaching under the direction of Lucinda Dunn, for students wishing to pursue a professional career in classical and contemporary ballet. Many of the Academy's students have gained success in world competitions such as the Prix de Lausanne, Genée International Ballet Competition and Youth America Grand Prix.

In 2018 the Academy will be launching its new Full Time Dancers program for students wishing to receive the very best classical ballet training and pointe work, but with an emphasis on Neo Classical and Contemporary works. The dancers will be challenged and encouraged to explore their creative voice, individualism and diversity with guidance from industry experts.

## SUBJECTS:

Classical ballet (RAD, Cecchetti Vaganova), Open classes, Character, Pas de deux, Contemporary, Improvisation, Pointe classes, Boys Coaching program, Repertoire, Dance history, Anatomy, Dance psychology, Health and Nutrition, Pilates, Limber/Stretch and Conditioning, Private coaching for competitions, Progressing Ballet Technique, On-site Academic Tutoring, Audition preparation and Career Planning, Improvisation, Yoga, Choreography.

## TEACHERS:

**Founder:** Tanya Pearson OAM **Artistic Director:** Lucinda Dunn OAM

**Part Time Academy Principal:** Marie Walton Mahon **Teachers:** Lucinda Dunn, Tanya Pearson, Olivia Ansell, Laura Atencio, Adam Blanch, Daniel Asher Smith, Paul Boyd, Wim Broeckx, Jacqueline Clark Mitchell, Catherine Edwards, Camila Galvao, Jeremy Gates, Hiroko Ito, Valerie Jenkins, Brian Lynch, Elizabeth McMahon, Gilli O'Connell, Lorena Otes, Katie Pianoff, Danilo Radojevic, Mark Reily, Robyn Ross, Hassan Sheta, Kim Traynor, Marie Walton Mahon.

*"I came to TPCCA because I had heard of its fantastic reputation and how so many students had gone on to have beautiful careers in dance. TPCCA has become my family and 'home away from home' over the many years that I have been studying here. It has allowed me and my peers to thrive in a comfortable and nurturing environment. This makes TPCCA so special and different from other schools as well as the fantastic teaching staff that really care for each individual student and their future."*

**- Lana Tramonte**

(TPCCA Graduate, now with Royal Conservatoire of The Hague)

*"I am from New Zealand and even living there I heard about successes at TPCCA ... many people recommended TPCCA for outstanding full time training. When I auditioned I knew straight away this was where I wanted to be to further my training. It is a beautiful place. What makes it unique is its amazing faculty. We get a huge range of teachers ... They all have something different to offer. The training at TPCCA is impeccable - everyone - both the teachers and students work so incredibly hard ... but everyone's individual and artistic quality is nurtured. No one is the same and the teachers work with everyone as individuals so they get to maximise their potential. We get the chance to go for everything with constant love and support from all the staff."*

**- Madison Cronin**

(TPCCA Graduate, Genée Finalist and now studying at The Royal Conservatoire Den Haag)



classicalcoaching.com

admin@classicalcoaching.com

(02) 9439 4424 / 0403 064 060

75 Chandos Street, St Leonards NSW 2065

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## NEW FULLTIME DANCERS PROGRAM

COMMENCING 2018

**COMBINING THE BEST OF  
CLASSICAL + CONTEMPORARY TECHNIQUE**

LUCINDA DUNN    OLIVIA ANSELL    ADAM BLANCH    LORENA OATES

**COURSE:**

Full Time Performing Arts School Years 3-12

**AUDITION DATE:**

Friday 18th August 2017

**COURSE DESCRIPTION:**

The McDonald College is a specialist school based in Sydney's inner west. With over thirty years as an education provider as Australia's leading academic and performing arts college, it has produced an impressive alumni community now working in the industries of the Performing Arts, Film & Television, Music, Journalism and more.

The College currently offers an exciting performing arts offering across Acting, Ballet, Dance, Musical or Musical Theatre. It operates a Junior School (Years 3-6) and Senior School (Years 7-12), which prepares our students both academically and creativity so that they enter their chosen industry as confident leaders and professionals. With a 10-hour week dedicated to the stream of their choice, students receive an immersive education as they learn with likeminded individuals whilst being taught by industry specialists who are at the top of their field.

Notable alumni includes Amanda McGuigan (The Australian Ballet), Daniel Raso (*High School Musical Live on Stage, Grease the Mega-Musical, Matilda*), Dimitri Kleioris (*An American in Paris on Broadway, Flesh & Bone*), Harrison Lee (2015 Prix de Lausanne Winner, Royal Ballet School), Josef Brown (The Australian Ballet, *Dirty Dancing Stage Musical*), Kip Gamblin (*The Bodyguard: Musical, All Saints, Home & Away, Neighbours*), Lachlan Monaghan (First Artist, Birmingham Royal Ballet) and Emma Watkins (The Wiggles) and Tim Draxl (*Swimming Upstream, Crownies, A Place to Call Home*).

**SUBJECTS:**

Classical Ballet, Dance, Musical Theatre, Acting, Music, Tennis, & Academic Studies (Year 3 to the NSW HSC Year 12).

**TEACHERS:**

Jane Kesby, Joshua Consandine, Nicky Gattorna, Lindsay Ellman-Brown, Jane Beckett, Dolores Dunbar, Amy Petsalis, Paul Saliba, Natalie Kutti, Stephen Clarke, Andrew Kobler, Christopher Horsey, Norman Hall, Peter Eysers, Kaye Lopez, Peter Kraft, Judy Herskovits, Rae Edds-Gibson, Kathryn Hailey and other distinguished teaching faculty.



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*"We believe this school is one of the best environments for children to develop as future leaders"*

**- Parent of Current Student**





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**COURSE:**

Certificate IV in Dance [CUA40113]

**AUDITION DATE:**

Sunday 10th September 2017

**COURSE DESCRIPTION:**

At Village Nation we provide our students with the best all rounded education to prepare them fully for a professional career in the performing arts industry.

Village Nation is committed to providing the best teachers and trainers alongside emotional and spiritual support to allow students to reach their fullest potential both on and off the stage.

Village Nation currently operates from a state-of-the-art studio in Alexandria, with all 7 studios custom-built with sprung Harlequin floors, mirrors, sound systems, and audio/visual equipment.

The campus is well serviced by public transport, with bus and train services, Green Square station is only a short 8 min walk. Students are eligible to apply for Concession Opal Cards. Students in the full-time course may apply for Youth Allowance, Austudy and Abstudy.

**SUBJECTS:**

Develop Dance Partnering Technique; Develop expertise in jazz dance technique; Develop expertise in street dance technique; Develop expertise in dance performance technique; Develop expertise in ballet dance technique; Develop expertise in contemporary dance technique; Develop expertise in tap dance technique; Develop Self as Artist; Develop choreography skills and perform dance pieces; Refine movement skills for performance; Rehearse technique for performance; Develop expertise in musical theatre; Apply movement and behavioural principles to physical conditioning.

**TEACHERS:**

Jacqui Howard, Wayne Aspinall, Leah Howard, Briden Starr, Matt Gode, Marko Panzic, Lauren Elton, Pat Kuo, Talia Kuo, Stephen Tannos, Blake Wood, Gaynor Hicks, Penny Martin, Dylan Mahoney, Nic Westaway, Mark Hill, Jade Westaby, Talia Fowler, Lisa Graham-Wilson, Julian Kuo, Michelle Barr, Taylor Anthony, Benson Jack Anthony, Dimitri Zoran, Mitch Fistrovic, Euan Doidge, Mitchell Woodcock, Robbie Kemitoni, Natasha Marconi, Alex Midieniski, Cathie Goss, Andrew Huynh, Lauren Seymor, and many more leading professional artists and choreographers.

*"Attending Village Full-Time was one of the most influential decisions I've ever made. The nurturing and inspiring directors and world class faculty prepared me for my professional dance career that has continued to develop since graduating. The course exposed me to incredible teachers and working choreographers, allowed me to be showcased in front of them and develop connections eventuating into being hired for professional jobs including The Voice, X-Factor and Australia's Got Talent to name a few. Jacqui Howard and Wayne Aspinall have had decades of experience and completely understand all aspects of the industry. I appreciated their honest feedback, helping me to be realistic and constructive about my specific goals and aspirations in my own career. If you are prepared to work hard, and absorb all the knowledge and take advantage of the incredible classes and faculty the Village has to offer, I believe the Village is the perfect choice for anyone seeking to do a Full-Time performing arts course in Australia"*



[villagenation.com.au](http://villagenation.com.au)

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- Hannah Stanton

2012 graduate



# VILLAGE NATION PERFORMING ARTS

Village Nation is committed to providing the best teachers and trainers alongside emotional and spiritual support, allowing students to reach their fullest potential both on and off the stage.

## **AUDITIONING NOW FOR 2018-**

*CERTIFICATE IV IN DANCE*

*DIPLOMA OF DANCE ( ELITE PERFORMANCE )*

*DIPLOMA OF MUSICAL THEATRE*

*PART TIME FULL TIME*



Chanelle Cahill - 2016 Graduate  
Photo by Terry Cullinane



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# GETTING PHYSICAL

## *Making the Transition to ...*

**Studying full time dance** should be both an enjoyable and rewarding experience. But it is not without its challenges.

Up until commencing full time dance, most dancers can survive dancing 10 to 15 hours per week without too much effort. Often, they have never experienced significant injury, nor have they had to be responsible for their own health. A full time dancer needs to understand that a 30 to 40 hour load cannot be approached with the same casualness.

by *Katie Goodwin*  
*& Deb Wright*

Kinetica Physiotherapy



The reality of full time dance is that 76% of dancers will report an injury in any one year and that the overwhelming majority of injuries aren't because of a single incident. Chronic injuries take longer to fix than the acute ones. Without careful physical conditioning, adequate nutrition, and a good support network, dancers can struggle to transition successfully into full time dance.

Paying attention to a few key areas before and during your first few months of full time dance can make all the difference in setting yourself up for a successful transition to full time dancing.

### **GET TO KNOW YOUR BODY**

Most importantly, know your weaknesses and how to protect and address them before they impact your dancing.

A dance assessment performed by a Dance Physiotherapist will help you understand your body's key areas of strengths and challenges. Collecting these baseline measures allows you to hone in on protecting, maintaining and rehabilitating specific to your body. It also creates a picture so that if niggles do start both you and your therapist have an understanding of your normal.

It is important to know for example: Are you hypermobile and what does this mean? Are you using your foot intrinsic muscles correctly? How good is your balance in simple and complicated tasks? Are you at risk of ankle impingement, and how can you prevent it before it ever becomes a problem?

### **POINTS TO CONSIDER:**

- How well are you using your turnout?
- How many single leg heel raises can you do on each side without stopping?
- How deep is your plié?
- How strong is your abdominal control?

### **GET THE KNOWLEDGE AND TOOLS**

**Warm-up, cool-down, nutrition, how to stretch, and how to build strength, jump power and cardiovascular fitness**

Finding a team of experts to guide you through your full time dance year is vital. Instagram and Facebook is filled with helpful tips, but finding what is right for you and your dancing means accessing experts who take *what's special about you* into consideration. Knowing your body includes: refining and becoming disciplined in warm-ups, being confident to stretch muscles and mobilise joints effectively, keeping hydrated, monitoring your own diet and sleep schedule, and knowing how to best prepare your body in the lead up to auditions and competitions.

### **POINTS TO CONSIDER:**

- Get to know your dance physiotherapist
- Check in before you get started with your program
- If you are injured, consider the help of a sports physician who will help check holistically for hormonal, nutrition, growth/maturation
- If a niggle doesn't settle within 72 hours, spreads or worsens – seek help

### **PREPARING FOR HIGH WORKLOAD**

Consistency is Key! Large variations in load from one week to the next are likely to cause problems. Gradual increases in load from one week to the next is far more sensible, and helps you to sustain a higher training load more consistently. For this reason, full time dancers need to keep track of how hard they have pushed their bodies in any one week.

Simply counting the hours per week isn't enough. The best way to monitor the workload for your training week is to rate the physical intensity of each workout (we call this Rated Perceived Exertion i.e. how hard did your session feel rated out of 10) and then multiplying it by the number of hours in the class.

# FULL TIME DANCE

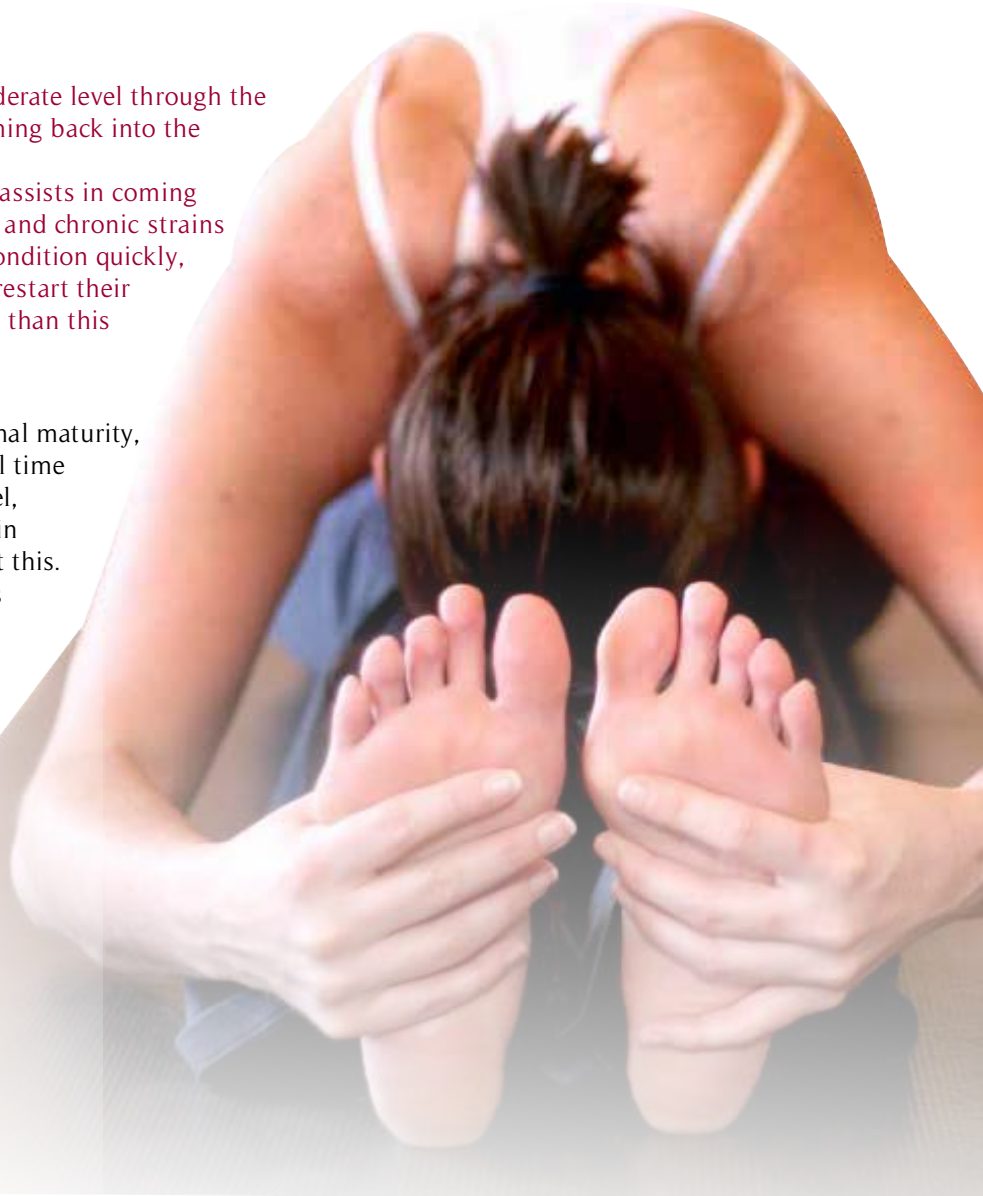
*“Dancers should NEVER dramatically increase their workload in a short time period! High consistent load is an important training tool to bring the enthusiast to the pre-professional level but how you get there will help prevent injuries.”*

## POINTS TO CONSIDER:

- Continuing to dance and train at a low to moderate level through the Christmas break can help prevent injuries coming back into the first term of training.
- Avoiding more than a week's complete break assists in coming back into a program with less fatigue, niggles and chronic strains
- Elite athletes such as full time dancers lose condition quickly, but often fail to build back slowly when they restart their dance term. A week's rest is ok, but any more than this is problematic for full time dance loads.

## THE YOUNG DANCER

Age, or more specifically, physical and emotional maturity, makes a difference on how the transition to full time dancing should be managed. On a physical level, younger dancers present differently to dancers in their late teens, and management should reflect this. For example, dancers with active growth plates (bones that are still growing) are prone to different injuries to dancers who have finished growing. You cannot enter full time dancing as a young teen and expect your body to respond to the challenges in the same way as it would for an adult. Emotional maturity is also relevant, and should be carefully considered when entering full time dance. It is extremely important to put in place support networks that can be relied on when the going gets tough. A trusted dance teacher, your dance physiotherapist, psychologist, dietician, GP, and other caring adults are best sourced early when things are going smoothly.



*The transition to full time performing arts training is exciting. Being mindful in your approach will help this transition to be successful, rewarding and enjoyable!*

**Katie Godwin** – APA Titled Sports Physiotherapist & Principal at Kinetica Physiotherapy & **Deborah Wright** – APA Titled Musculoskeletal Physiotherapist & Principal at Kinetica Physiotherapy. At Kinetica, the physiotherapists are recognised experts in dance physiotherapy. From everyone at Kinetica Physiotherapy, we wish you the very best with your transition to full time dance. Please let us know if we can help you.



[kineticaphysiotherapy.com.au](http://kineticaphysiotherapy.com.au)



[enquiries@kineticaphysio](mailto:enquiries@kineticaphysio)



(02) 9948 6188



“Go confidently in  
the direction of  
your DREAMS ...

Live the life you've  
IMAGINED ...”

- Thoreau



# KELLY AYKERS FULL TIME DANCE

Delivered via RTO 31624

## COURSES:

Dancer's Elite Course (private course)  
Diploma of Musical Theatre [CUA50213]  
Certificate IV in Dance [CUA40113]  
Certificate IV in Dance Teaching and Management [CUA40313]  
Diploma of Dance (Elite Performance) [CUA50111]

**AUDITION DATE:** Audition dates on enquiry. Private & video auditions also available.  
Scholarships for both male and female dancers available.

**COURSE DESCRIPTION:** Kelly Aykers is revolutionising the way we experience dance. Further to a gleaming career that has seen her both shine on stage and screen as well as dominate behind the scenes, Kelly Aykers has taken the next step in shaping the next generation of performers for the Australian stage.

As Kelly is still very active in the industry, students at Kelly Aykers Full Time Dance enjoy an excellent array of performance opportunities throughout the year in professional environments. Students also receive the unique opportunity to develop and present choreography under the direct guidance of Kelly.

With places at a premium, a strictly limited number of students will be chosen to benefit firsthand under the guidance of one of the dance world's true giants.

Featuring a teaching roster hand picked by Kelly that represent the cream of their chosen fields, Kelly spearheads five full time courses that will not only ready students for a career within the entertainment industry, but redefine the industry itself.

**SUBJECTS:** Classes include but are not limited to: Ballet, Jazz, Contemporary, Hip Hop, Tap, Commercial, Pilates, Choreography, Musical Theatre, Singing, Acting, Acrobatics, Nutrition, Safe Dance & Body Conditioning.

**TEACHERS:** Regular teachers include: Kelly Aykers, Etienne Khoo, Adrian Dimitrievitch, Dana Jolly, Sue Ellen Shook, Phill Haddad, Robert Shook, Donnie Dimase, Jordan Herbert, Andrew J Liu, Luke Alleva, Mark Dickinson, Evan Pugh, Rebekah Davey, Anna Burgess, Jo Magliolo, Alarni Morgan, Keeva Svikart, Vicki Patrice.



[kellyaykers.com.au](http://kellyaykers.com.au)

[fulltimedance@kellyaykers.com.au](mailto:fulltimedance@kellyaykers.com.au)

(03) 9383 2536 / 0401 753 205

2a Avoca Street, Brunswick VIC 3056

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[youtube.com/watch?v=ZpKIErJ\\_uss](https://www.youtube.com/watch?v=ZpKIErJ_uss)

# JASON COLEMAN'S MINISTRY OF DANCE

Delivered via RTO 121314

## COURSES:

Diploma Dance (Elite Performance) [CUA50113]  
Diploma Musical Theatre [CUA50213]  
Cert IV TAE [TAE40116] Cert IV Dance [CUA40113]  
Cert IV Musical Theatre [CUA40513]  
Cert IV Dance Teacher Management [CUA40313]

**AUDITION DATES:** **Wellington NZ:** Sunday 16th July 2017, **Auckland NZ:** Sunday 23rd July 2017.

Or via DVD and private auditions by appointment.

**COURSE DESCRIPTION:** Is your attitude HARDER? Do you drive to be BETTER? Commence your career FASTER? Long to be STRONGER? Jason Coleman's Ministry of Dance is the only place to be!

Join Directors Jason Coleman (*So You Think You Can Dance – Australia, Hairspray, A Chorus Line, Chicago, Dancing Man, Sweet Charity, Little Shop of Horrors, Saturday Night Fever, Man From Snowy River - Arena Spectacular, Sydney Olympics, Manchester Commonwealth Games*), Deb Mitchelmore (*Boy from Oz, Sweet Charity, Into The Woods, Buddy - The Buddy Holly Story, Hair*), Eilidh Dragovic (BA Hons Contemporary Dance, Graduate Certificate in Tertiary Training, Dip Remedial Massage, Ausdance VIC, Federation University) and Adrian Ricks (*Cats, Sins, So You Think You Can Dance – Australia, Vic Favourite Dancer 2016*) for elite training and nationally accredited qualifications.

Join us for two years participating in industry delivered classes from Monday to Friday from world-class choreographers and performers, within a university-styled yearly timetable. Enhance your technique, performance and theory to expand on new genres and styles, and develop longevity in the performing arts industry.

A large variety of performance opportunities are on offer to students throughout their studies including (but not limited to); musical theatre shows, corporate events, dance on film, student devised performances and graduation showcases.

We are very proud of our student alumni credits, which include: *Wicked, The Lion King, Mary Poppins, Aladdin, Book of Mormans, King Kong, We Will Rock You, Grease, Cats, The Australian Ballet Company, Princess Cruises, Norwegian Cruises, The Production Company, Dora the Explorer, Paw Patrol, Humanimals, Razzle Dazzle, The Rhythm of Life* to name a few!.

**SUBJECTS:** Jazz, Ballet, Tap, Contemporary, Hip Hop, Musical Theatre, Commercial Jazz, Acrobatics, Partnering, Acting, Singing, Dance Teaching, Nutrition, Fitness & specialised classes in Performance, Production and Choreography.

**TEACHERS:** Jason Coleman, Deb Mitchelmore, Adrian Ricks, Eilidh Dragovic, Troy Phillips Fairweather, Simon Fairweather, Yvette Lee, Romy Vuksan, Jordan Herbert, Arna Singleton, Michael Ralph, Michael Snell, Andrew Keagan, Christopher Ead, Jade Leonard, Nadia Tornese, Stephen Ashford, Jarryd Byrne, Simon Fairweather, Mitch Fistrovic, Phil Haddad, Dana Jolly, Billie Casey-Jabore, Jack May, Anna McGrath, Scott Pokorny, Brittany Page and Diana Ricks.



[theministryofdance.com.au](http://theministryofdance.com.au)

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*"Just thinking about how thankful I am in life ... MOD always keeps me motivated to be a better me! I honestly can't thank MOD Full Time enough for everything you do for us full timers! I study Musical Theatre at MOD and I believe the balance between Singing, Acting and Dancing is perfect! ... Some of you may think I only dance but there's way more to it. I train 9.30am – 4.30 every weekday and the people we work with are absolutely out of this world... we get the best in the industry and we are pushed to our absolute limits! I have never been happier in my life at this school, everyone I urge you to audition."*

**- Courtney Murray**

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# NATIONAL INSTITUTE OF CIRCUS ARTS

RTO 3059 &amp; CRICOS 00111D

## COURSES:

Bachelor of Circus Arts [BA-CIRCA1]  
 Certificate IV in Circus Arts [10111NAT]  
 Certificate III in Circus Arts [10110NAT]

## AUDITION DATE:

Auditions take place around Australia in September & October 2017.

## COURSE DESCRIPTION:

**Bachelor of Circus Arts (3 years full time)** – aims to push the boundaries of circus as an art form to create work that is innovative and inspiring. The elite level 3-year degree strives to produce employable, skilled and creative artists who will be respected nationally and internationally in the global circus and physical theatre industry.

**Certificate IV in Circus Arts (1 year full time)** – provides training in preliminary level circus skills and knowledge. This course is suitable for aspiring circus artists seeking a qualification or a pathway for further learning. The Certificate IV can be used as preparation for the Bachelor of Circus Arts. It is also suitable for those currently teaching in social or community circuses, who wish upgrade their skills.

**Certificate III in Circus Arts (2 years part time)** – offers young people the opportunity to gain a nationally-recognised qualification in Circus Arts. The course provides basic training in contemporary circus arts for students who wish to pursue a career as a circus performer. The Certificate III can be used for preparation for the Certificate IV in Circus Arts and as an entry-level qualification in circus arts. To be considered for the Certificate III in Circus Arts students must plan to combine NICA training with Year 11 or 12 studies at the Centre for Adult Education (CAE).

## SUBJECTS:

Circus foundation skills such as tumbling, handstands, flexibility, manipulation, aerial and partner work. Group acts such as adagio, group aerial, group juggling, hoop-diving and teeterboard. Circus specialties may include but not limited to: trapeze, tissu, rope, handstands, tightwire, contortion, Chinese pole, rolla bolla, juggling, hula hoops, and clowning. Fitness, strength and conditioning for circus artists. Performance skills: improvisation, movement, acting and vocal techniques and approaches to devising innovative work as an ensemble or solo performer on various circus apparatus. Movement skills: ballet, contemporary dance, improvisation, contact and composition history and cultural studies. Circus business and career management. Technical aspects of circus production, equipment and safety in the circus environment. Basic anatomy, physiology, nutrition and sports psychology for circus artists.

## TEACHERS:

NICA boasts some of the world's finest circus and performance practitioners, hailing from Australia, Canada, China, England, France and Russia. They provide students with grounding in the world's traditional and contemporary circus styles, and inspire them to excel in and innovate their craft. Together with the school's dedicated teams of production, health and administration professionals, they produce a unique educational experience for NICA's students.

Eager to share their knowledge with the next generation of circus artists, NICA staff have worked with some of the greatest circus companies in the world including: Circus Oz, Circus Royale, Cirque du Soleil, Great Moscow Circus, Legs on the Wall, Circa and Shanghai Acrobatic Troupe.



nica.com.au



info@nica.com.au



(03) 9214 6975



Level 1, PC Building, 39-59 Green St, Prahran VIC 3181



NICAaustralia



nicaaustralia



UCmJx5KVGWdSJshncT8jKiSg



NICAaustralia



vimeo.com/user31373937

*"I have had an absolute dream career since graduating from NICA. After learning from Mr Lu and other excellent trainers, I have been equipped with the skills to have a wonderful career in the circus industry. I am so incredibly grateful to NICA and all of the staff and trainers for helping me achieve a life and career that most people consider impossible."*

**- Daniel Crisp**

2010 graduate  
 (principal character & soloist  
 in Cirque du Soleil's TORUK)

N  
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A

**NATIONAL  
INSTITUTE OF  
CIRCUS  
ARTS AUSTRALIA**



# STUDY AT NICA IN 2018

## APPLY NOW

TO STUDY AT AUSTRALIA'S CENTRE  
OF EXCELLENCE IN CONTEMPORARY  
CIRCUS ARTS TRAINING

[NICA.COM.AU](http://NICA.COM.AU)

**Applications close Friday 1  
September 2017**

Auditions held around  
Australia throughout  
September & October 2017

## ACCREDITED COURSES IN CIRCUS ARTS:

**Bachelor of Circus Arts**

(3 years full-time)

BA-CIRCA1

CRICOS course code: 078080F

**Certificate IV in Circus Arts**

(1 year full-time)

Course code: 10111NAT

CRICOS code: 086127G

**Certificate III in Circus Arts**

(2 years part-time)

Course code: 10110NAT



CRICOS number 00111D



**Australian Government**

The National Institute of  
Circus Arts is supported by the  
Australian Government



NATIONALLY RECOGNISED  
TRAINING

NICA's Certificate III and IV courses  
are nationally recognised. Training  
Organisation Identifier (TOID): 3059

**COURSES:**

Certificate III in Dance [CUA30113]  
 Certificate IV in Dance [CUA40113]  
 Diploma of Musical Theatre [CUA50213]  
 Diploma of Dance (Elite Performance) [CUA50113]  
 Spectrum Advanced Elite Performance Program (private course)

**AUDITION DATES:**

**First Round:** Saturday 19th of August 2017, 5pm

**Second Round:** Saturday 14th October 2017, 5pm

**COURSE DESCRIPTION:**

Spectrum Dance prepares professional dancers for a comprehensive career in commercial, musical theatre and company dance. We offer our students the opportunity to excel through specialised teaching techniques whilst focusing on individual student development.

We believe the key to our students' success is to provide an individually tailored curriculum that develops advanced performance techniques in all facets of dance, singing and acting. In addition to these core skills, Spectrum Dance provide opportunities to engage in the entertainment industry, through an Industry Based Learning program with Spectrum Talent Agency, placing our students at the forefront of their peers.

The directors Trish Squire-Rogers and Katie Rappel work closely with their faculty of highly acclaimed dancers, choreographers and instructors to deliver the most outstanding accredited full time dance course within Australia.

**SUBJECTS:**

Classical Ballet, Pas de Deux, variety of Contemporary Techniques, Commercial Dance, Partnering, Hip Hop, Choreography, Lyrical, Jazz Technique/Progressions, Tap (traditional/street), Modern/Contemporary, Vocal Training, Fitness Training, Barre Attack, Pilates, Acrobatics, Auditioning Techniques, Show Business Skills, On-camera Performance Skills, Performance Technologies, Theatrical Make-up and Hairstyling.

**TEACHERS:**

Trish Squire-Rogers, Katie Molan-Rappel, Stephen Wheat, Yvette Lee, Oleg Timursin Dana Jolly, Michael Ralph, Bec Fairey, Darren Tyler, Troy Phillips, Vanessa Hill, Elly Creevey, Jared Bryan, Freya List, Hooman & Dalena, Anthony Pepe, Billie Casey-Jabore, Tyrone Anthony, Tracie Morley, Jack May, Andre Fuentes, Adam Parson, Willie Gomez, Dana Jolly, Kristina Hardner & Will Jones.



[spectrumdance.com.au](http://spectrumdance.com.au)



[ftc@spectrumdance.com.au](mailto:ftc@spectrumdance.com.au)



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SpectrumDanceFTC



[spectrumdance](https://www.instagram.com/spectrumdance)



[youtube.com/watch?v=zGJ7O4jT6H4](https://www.youtube.com/watch?v=zGJ7O4jT6H4)

*"I experienced an intense personalised tuition that prepared me for the professional workforce of the dance industry. The raw and honest nature of the course see the development of every student into the best performer and professional artist they can be and with the guidance and encouragement provided within the course."*

**- Laura Parker**  
2012 graduate



# unleash the dream, develop the dancer, complete the artist.

Excel through specialised teaching techniques  
whilst focusing on your individual development.

- **Spectrum Advanced Elite Performance Program**
- **CUA30113 Certificate III in Dance**  
Qualification awarded by Swinburne University of Technology  
RTO #3059 delivered in partnership with Spectrum Dance
- **CUA40113 Certificate IV in Dance**  
Qualification awarded by Swinburne University of Technology  
RTO #3059 delivered in partnership with Spectrum Dance
- **CUA50213 Diploma of Musical Theatre**  
Qualification awarded by Swinburne University of Technology  
RTO #3059 delivered in partnership with Spectrum Dance
- **CUA50113 Diploma of Dance (Elite Performance)**  
Qualification awarded by Australian Teachers of Dancing  
RTO #31624 delivered in partnership with Spectrum Dance

**AUDITION NOW!**

Experience the triple threat



Trish Squire-Rogers



Katie Rappel



Stephen Wheat

Directors Trish Squire-Rogers and Katie Rappel are highly acclaimed within the dance and entertainment industries. Along with Stephen Wheat (Musical Theatre Director) their extensive knowledge and experience has allowed them to produce headline productions around the world.



Contact Spectrum Dance for Audition Information

phone 03 9830 6588

email [ftc@spectrumdance.com.au](mailto:ftc@spectrumdance.com.au)

14 -18 Banksia Street Burwood Victoria 3125



Check us out at  
[spectrumdance.com.au](http://spectrumdance.com.au)



Love us on Facebook  
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# NUTRITION NEEDS OF *Dancers*

Young adolescent dancers around 11–17 years of age need large amounts of energy due to their long hours of exercise as well as growth, hormone development and recovery requirements.

Matching the amount of energy needed is unique for each dancer.

The energy needed by dancers is measured in kilojoules (kjs). A sports dietitian can calculate a dancer's energy needs by using equations that incorporate age, gender, body shape as well as their class intensity and exercise load. How much energy a dancer needs depends on the individual day – so a light activity day gets a low number (of kjs) and a high intensity day a higher number allocated.

If a dancer wants to 'lean out' a little for a performance, their nutrition requirements will change. If a dancer has time off, these nutrient requirements will also change. That is why it is important for full time dancers to be constantly reviewing their nutrition intake and adjusting it accordingly.

## IT'S NOT ALL ABOUT NUMBERS!

Instead of becoming caught up in counting kilojoules, dancers are often better off ensuring they are eating enough of each food group. That way, all their micronutrient needs like calcium, iron and magnesium are all taken care of.



Dancers get hungry – very hungry, and that is ok! They often need to consume more energy than non-athletes because of the physical demands of their training. For instance, carbohydrates and protein are required in higher intakes for fuel burning and recovery. Dancers also require more water to stay hydrated than the non-athlete and potentially higher amounts of iron depending upon their volume of practice.

## CARBS

Many dancers fear carbs, thinking they will cause them to gain weight. Research shows us that this is simply not true. Carbs are the best source of energy for dancers. We encourage eating slow release, low GI carbohydrates especially before and during long dancing days. Some good examples are rolled oats, grainy crackers, quinoa, basmati rice and sweet potato.

## PROTEIN

Most dancers know that eating protein is important for maintaining muscle strength, tone and promoting recovery. The timing of protein intake is actually just as crucial. Our bodies can only absorb roughly 20 to 30g of protein into our muscle at any one meal. Dancers are best off splitting up their proteins throughout the day. We recommend 2 to 5g at each snack (e.g. 150g natural yoghurt or boiled eggs) and 10 to 20g at each main meal (eg. palm size meat or salmon fillet, 1 cup chickpeas).

## FLUIDS

Whenever dancers sweat, fluid is lost from the body. Moving throughout the day means the body needs a steady supply of fluid. Water is a dancer's best friend! Fluid needs are often between 2-4L per day, depending on size, shape and how sweaty you are. Water is often the best choice, however other fluids like tea, milk and soup all count towards meeting hydration needs.

## SPECIAL CONSIDERATIONS FOR DANCERS

### Smaller more frequent meals:

Dancers often don't feel comfortable with large volumes of food in their stomach and commonly save most of their eating time for night time. Smaller, frequent meals eaten roughly every 2 to 3 hours, between class and during lunch breaks, is the best strategy.

### Storage & practicality:

Being a full time student often means packing food for the entire day. We encourage our dancers to buy refrigerated lunch bags, coolers and Thermoses so they can transport their food. Easy to eat snacks like berries, nuts, roasted chickpeas and wraps are also great choices.

### Easy to digest:

The higher the fat content of a meal the longer it takes to digest. It spends longer in the gastrointestinal tract potentially making you feel quite full and heavy (tried dancing after a burger?). Dancers are best spreading small fat servings throughout the day; eg. Avocado on toast at breakfast, hummus on a wrap at lunch, 1 tbsp nut butter with fruit in the afternoon and olive oil dressing on salad or vegetables at dinner.

## KEEP MAKING FOOD FUN!

It's important to KEEP FOOD FUN! Food is more than fuel. Connect with your food and remember it is more than just kilojoules.

Get in the kitchen, learn how to cook, understanding WHY you are eating what you're eating and how it impacts your performance.

As well as being a dancer, you are also a human! This means that you need to manage eating out, going to parties and food-related situations realistically so that you can still enjoy food without feeling restricted.



“It’s really important for dancers, parents, teachers and a dietician to work together as a team to achieve goals and provide a consistent message”

by Katrina Mills & Ashleigh Brunner  
of Body Fusion



#### PRE-DANCING SNACK & MEAL IDEAS



*Date, nut & cacao bliss balls  
or oat & nut based muesli bar*



*Grainy toast or rolled oats with  
peanut butter & banana*



*Muesli, natural yoghurt & berries*



*Vita-Weats with tomato & cheese,  
hummus plus a small handful grapes*

## Blender Banana Muffins

Makes: 12 muffins    Prep time: 5 mins    Cooking time: 20 mins



#### INGREDIENTS

##### Batter:

- 1.5 cups rolled oats
- 2 medium ripe bananas
- 1.5 tblsp self raising flour
- 1 cup low fat plain yoghurt
- 1 egg
- 1 tsp bicarb soda
- 2 tblsp honey

#### Flavours to Add:

- 1 cup fresh mixed berries & almond butter
- 1 banana (sliced) & 2 tblsp cocoa nibs or dark choc
- ½ cup raspberries & 2 tblsp shredded coconut
- 1 small chopped apple, 2 tblsp crushed walnuts & cinnamon.

#### What to do:

1. Preheat oven to 180 degrees Celsius & grease a 12 patty muffin tin.
2. Place all batter ingredients into a blender & whiz until combined.
3. Pour even amounts into each muffin tin & top with chosen flavour.
4. Bake in oven for 20 - 25 mins until tops are golden brown.

*Body Fusion is a private Sydney-based Nutrition and Dietetic practice run by Ashleigh Brunner (owner) B.Sci (Nutrition) (Hons), B.App.Sci (Exercise and Sports Science) and Katrina Mills B.Sci (Physiology), Masters of Nutrition & Dietetics. Ashleigh competed at an elite level in many different sports and Katrina has a long history in the ballet/dance industry. To get your own personal nutrition plan to support your dance training contact Body Fusion at [bodyfusion.com.au](http://bodyfusion.com.au).*



[bodyfusion.com.au](http://bodyfusion.com.au)



04 10 533 213



# PRINCIPAL ACADEMY OF DANCE & THEATRE ARTS

RTO 52073

## COURSES:

Advanced Diploma of Performing Arts [52749WA]  
 Diploma of Performing Arts [52748WA]  
 Diploma of Dance Teaching & Management [CUA50313]  
 Certificate IV in Dance Teaching & Management [CUA40313]  
 Certificate III in Dance [CUA30113]  
 Certificate II in Dance [CUA20113]

## AUDITION DATE:

Beginning December 2017 at the Leederville Campus.

## COURSE DESCRIPTION:

INTERNATIONALLY RECOGNISED – WORLD CLASS TEACHERS – COURSES TO SUIT

Set yourself apart with Western Australia's longest-established, nationally-accredited full-time training institution. Principal Academy graduates have forged successful careers both nationally and internationally in musical theatre, on cruise ships, at resort parks, and in film and television.

Apply now and join our graduates who are travelling the world fulfilling their dreams! Our alumni success is the biggest indicator of our incredible training standard: Recent graduates include *13 Reasons Why* star Katherine Langford, *Cat Skin* Isaac Money, *Celebrity Cruises* Dance Captain Brooke Barlow and *Disneyland Paris Dancer*, Siobhan Richards.

Principal Academy courses are tailored to provide students with the technical and performance skills necessary to reach their full potential. Students have the option to major in dance, musical theatre or acting, choosing a path that builds on existing abilities. Courses are designed to ultimately strengthen all three disciplines to produce true 'triple-threat' performers. A comprehensive range of units are available within the structure of each course, creating highly skilled and versatile graduates, armed with a valuable competitive advantage when entering the industry.

## SUBJECTS:

Forty weeks from February to December with approximately 38-contact hours per week. Curriculum focuses on Dance Technique, Musical Theatre, Acting Techniques, Improvisation, Vocal skills and Performance. Principal Academy understands that the modern performing arts industry demands highly versatile and adaptable artists. Being skilled in multiple areas increases career opportunities and we aim to provide students with every advantage when it comes to securing valuable and rewarding employment.

## TEACHERS:

Principal Academy students receive the benefits of world-class training from our exceptional teaching faculty. Our trainers have extensive careers performing at the highest national and international levels in many areas of the performing arts; they also maintain an active involvement in the industry both locally and abroad giving them valuable insights into current industry demands. In addition, visiting guest artists conduct master classes, providing students not only with the benefit of their highly developed skills, but also sharing accurate and up to date information about the realities of life as professional performers and the range of work opportunities students will encounter once they complete their training.



[principalacademy.wa.edu.au](http://principalacademy.wa.edu.au)

[admin@principalacademy.wa.edu.au](mailto:admin@principalacademy.wa.edu.au)

(08) 9228 8600

187 Carr Place, Leederville WA 6007

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*"My training at Principal Academy could not have prepared me better for the industry. I finished my qualification and walked out of the doors straight into a job where I not only had the physical skill set necessary, but also the emotional and psychological maturity to handle the pressure of the job. I can not thank the faculty at Principal Academy enough for giving me exactly what I needed to succeed in the industry."*

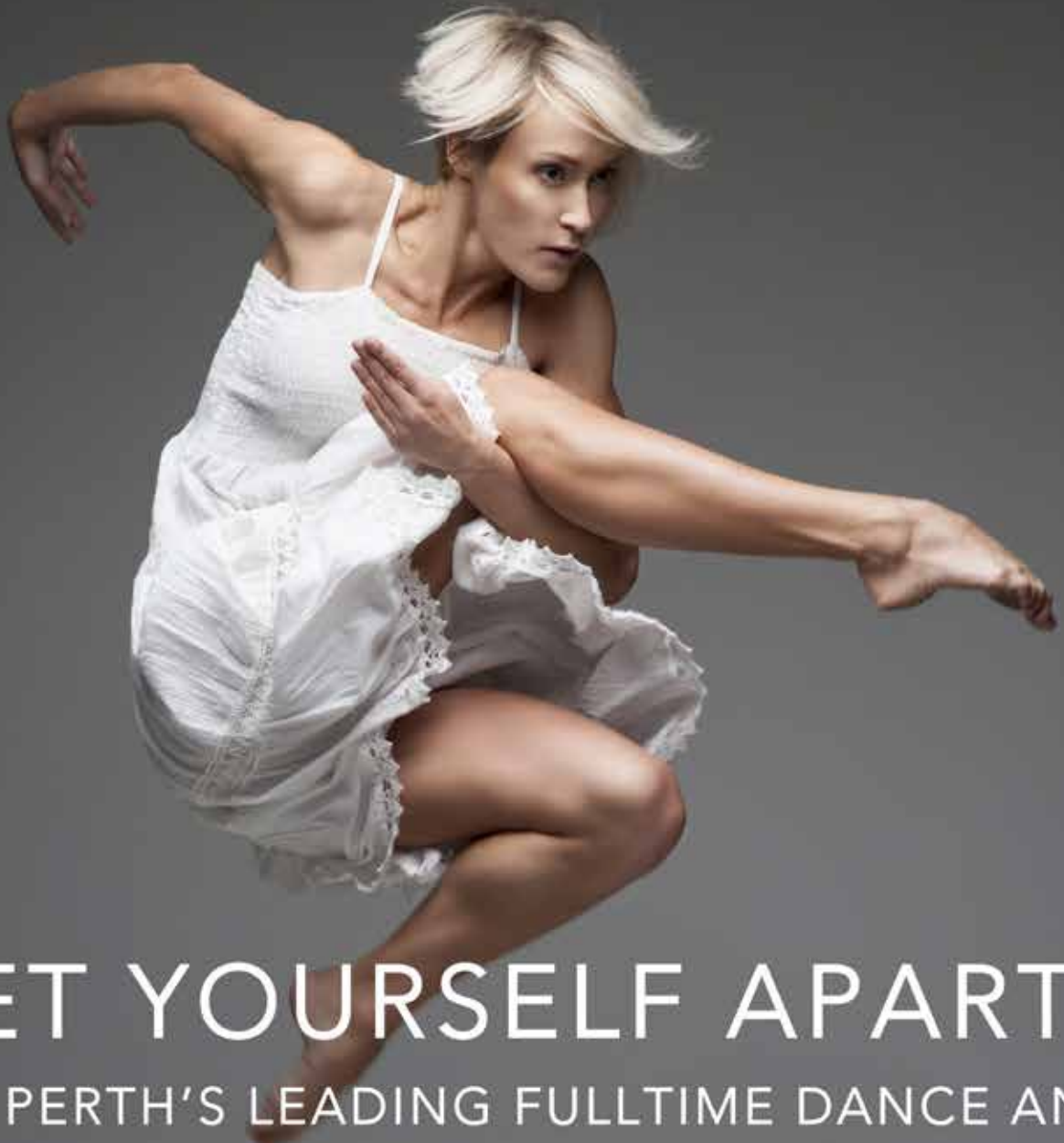
**- Brooke Barlow**

(Celebrity Cruises Dance Captain)



# PRINCIPAL ACADEMY

OF DANCE & THEATRE ARTS



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# WESTERN AUSTRALIAN ACADEMY OF PERFORMING ARTS

## COURSES:

Bachelor of Arts (Dance)  
Bachelor of Arts (Dance) Honours  
Master of Arts (Performing Arts)  
Diploma of Dance (Elite Performance) [CUA50113]  
Advanced Diploma of Dance (Elite Performance) [CUA60113]

RTO 4756 & CRICOS IPC 00279B

## AUDITION DATES:

**ADELAIDE:** Monday 25th Sept 2017 **SYDNEY:** Tuesday 26th Sept 2017 **CANBERRA:** Wednesday 27th Sept 2017  
**BRISBANE:** Thursday 28th Sept 2017 **MELBOURNE:** Friday 29th Sept 2017 **DARWIN:** Saturday 7th Oct 2017  
**PERTH:** Thursday 26th Oct 2017 from 1:30pm for Diploma of Dance (Elite Performance) &  
Friday 27th Oct 2017 from 10.30am for Bachelor of Arts (Dance), at WAAPA/ECU.

## COURSE DESCRIPTION:

**Diploma of Dance (Elite Performance)** – 1 year nationally recognised qualification is the first year of the vocational dance program. A performance-focused course, providing intense technical & stylistic practical experience through class & performance opportunities. Students develop technical and creative skills in discipline areas of Ballet, Pointe, Pas de deux, Repertoire, Solos & Performance. Areas of study include Contemporary, Choreography, dance history, music for dance, anatomy & nutrition.

**Advanced Diploma of Dance (Elite Performance)** – 1 year full time nationally recognised qualification is the second year of the vocational dance program. It takes a holistic approach to the needs of the dancer of the future, building the skills required for lifelong sustainability in the dance profession. The course encourages dancers' individuality, confidence, flair & creativity. Students develop advanced technical & creative skills in Ballet, Pointe, Pas de deux, Repertoire, Solos & Performance. Areas of study include Contemporary, Choreography, dance history, music for dance & other related physical disciplines including body conditioning.


**Bachelor of Arts (Dance)** – Challenging 3 year full time course for students wishing to continue ballet or contemporary studies at a professional level & encouraging students to pursue individual goals as performers, choreographers, educators, researchers or administrators. Areas of study include Contemporary, Ballet, Performance, Choreography, dance history, music, acting & other disciplines including yoga, aerial, tumbling, Feldenkrais, alignment & body conditioning. A range of international exchange programs is offered with opportunities to perform internationally & to seconde with major Australian companies. Students perform in 3 major performance seasons each year with a range of Australian & international choreographers.

**Bachelor of Arts (Dance) Honours** – 1 year full time. Honours at WAAPA are offered in two modes: Company Research & Individual Research. Company Research involves being a member of LINK Dance Company for the year. There is also a professional development component that is undertaken in an international setting each year.

**Master of Arts (Performing Arts)** – 2 years full time, entry by audition/interview & research project proposal. This program will operate as a Masters by Research project offered in conjunction with LINK Dance Company. Artists interested in developing their performance skills & choreographic voice in an exciting performance environment should apply. This course is unique for its 'work place' learning model, embedding you in dance-making practice with world class teaching staff & national & international visiting artists. Performance is the centrepiece of assessment together with attributes that artistic directors & entrepreneurs seek in dance artists of the 21st century.

## TEACHERS:

Sue Peacock, Kim McCarthy, Andries Weidemann, Danielle Hunt, Justin Rutzou, Michael Whaites, Jayne Smeulders, David Mack, Kynan Hughes & Brooke Leeder.

	<a href="http://waapa.ecu.edu.au">waapa.ecu.edu.au</a>
	<a href="mailto:futurestudy@ecu.edu.au">futurestudy@ecu.edu.au</a>
	134 328 / (+61 2) 08 9370 6895
	Edith Cowan University, 2 Bradford St, Mount Lawley WA 6050
	<a href="https://www.facebook.com/waapa.ecu">waapa.ecu</a>
	<a href="https://www.instagram.com/dancewaapa">dancewaapa</a>
	<a href="https://www.youtube.com/watch?v=1hG0qGOwuJg">youtube.com/watch?v=1hG0qGOwuJg</a>

*"WAAPA has been such a fantastic institution for me to study at! Being able to complete a Diploma, Advanced Diploma and then articulate into a Bachelor of Arts (Dance) is just amazing. The dance faculty is outstanding and is really helpful with guiding everyone on their own individual journey. An example of this was having their wholehearted support in entering me in the Genée International Ballet Competition last year, where I was selected as a finalist to perform at the Sydney Opera House."*

- Evelyn Roberts  
WAAPA Dance student





WESTERN AUSTRALIAN ACADEMY OF PERFORMING ARTS

# DANCE AT WAAPA

APPLY NOW

## WAAPA DANCE COURSES

Bachelor of Arts (Dance)  
Bachelor of Arts (Dance) Honours  
Master of Arts (Performing Arts)  
Diploma of Dance (Elite Performance) CUA50113  
Advanced Diploma of Dance (Elite Performance) CUA60113

## WAAPA DANCE AUDITION DATES

Mon 25 September - Adelaide  
Tue 26 September - Sydney  
Wed 27 September - Canberra  
Thur 28 September - Brisbane  
Fri 29 September - Melbourne  
Sat 7 October - Darwin  
Thu 26 and Fri 27 October - Perth

## APPLY NOW

Telephone: (61 8) 134 ECU  
Email: [futurestudy@ecu.edu.au](mailto:futurestudy@ecu.edu.au)

[waapa.ecu.edu.au](http://waapa.ecu.edu.au)

# BROADWAY DANCE CENTER

## COURSE:

International Student Visa Program

## APPLICATIONS DUE:

22nd December 2017	(start 5th February 2018)	22nd June 2018	(start 6th August 2018)
16th February 2018	(start 2nd April 2018)	17th August 2018	(start 1st October 2018)
20th April 2018	(start 4th June 2018)	19th October 2018	(start 2nd December 2018)

**COURSE DESCRIPTION:** Broadway Dance Center's International Student Visa Program (ISVP) is a full-time training program for international students aged between 18-27. Receive your M-1 Visa to study at Broadway Dance Center in the heart of New York City! Immerse yourself in American culture and enjoy NYC's vibrant dance community with students from more than 47 countries worldwide!

- Choose 3 months, 6 months or 1 year of intensive study with the option to extend.
- Design your own program and chart your progress with the help of a student advisor.
- Each week, choose 12 classes from our enormous open-class schedule in a variety of styles and levels.
- Supplementary ISVP-only master classes.
- Performance Project with free rehearsal space.
- Faculty Mentoring.
- Nurturing full-time staff on hand to help guide your studies.
- State-of-the-art studios in the heart of the Broadway Theater District.

For advanced dancers, try our ISVP Professional Semester, our elite 4-month course designed for the aspiring professional dancer. Our comprehensive syllabus includes multi-disciplinary technique classes, practical seminars to educate you on the industry, mock auditions to provide real-world experience, and numerous networking opportunities to secure your footing as a working artist.

For more information visit [www.BroadwayDanceCenter.com/ISVPPro](http://www.BroadwayDanceCenter.com/ISVPPro).

**SUBJECTS:** Classes are for students at levels Basic through Advanced. Choices include: Ballet, Jazz, Lyrical, Contemporary, Musical Theater, Hip-Hop, Breaking, Tap, Voice, Stretch, Pilates, Yoga and more!

**TEACHERS:** Comprising more than 100 professionals, our faculty is fully committed to your development and training. You are sure to find a favorite teacher in this diverse group! Our teachers work professionally in various aspects of their field and bring their expertise and knowledge into the classroom. Please see our website for full list of current and guest faculty.

**FEES:** Please note prices are quoted in \$US as this is a course delivered in the USA.

3 mnths – \$2,550 (no vacation), 6 mnths – \$4,650 (1 wk vacation), 1 yr – \$8,950 (2 wks vacation)

*Tuition rates subject to change. NB: There is an additional fee of \$200.00 payable to the U.S. Government Student Exchange Visitor Information System (SEVIS) for all M-1 applicants. This fee must be paid prior to obtaining the M-1 visa, and instructions on how to pay this fee will be included in your I-20 Acceptance Packet.*



[broadwaydancecenter.com/ISVP](http://broadwaydancecenter.com/ISVP)

[ISVP@bwydance.com](mailto:ISVP@bwydance.com)

212-582-9304 ext. 80

322 West 45th St, New York, NY USA 10036

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[broadwaydancecenter](https://www.youtube.com/broadwaydancecenter)

[BroadwayDance](https://twitter.com/BroadwayDance)

*"I loved the opportunity to perform in the showcase! It was such a great experience working closely with people from all over the world. It is so different, inspiring and challenging compared to working with whom and what you already know. I couldn't think of anywhere else where I would get an opportunity to produce a piece together with someone from a different culture who speaks a different language! It was so rewarding and I feel as though I learnt so much as a dancer. Thanks BDC!"*

- Kristi Cini

Australia





Join dancers from around the globe and experience the vitality of **NEW YORK CITY**, the dance capital of the world. **IMMERSE YOURSELF** in dance and American culture with the *most celebrated dance community* in the world!

Photo by Dirty Sugar





“Whatever you can  
do ... or DREAM you  
can ... BEGIN IT.

Boldness has  
GENIUS, POWER  
and MAGIC in it ...”

- Goethe



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College and Conservatory  
of the Performing Arts

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ACTING  
MUSIC THEATRE  
**DANCE THEATRE**  
PERFORMING ARTS

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SYDNEY  
SATURDAY,  
09/09/2017

MELBOURNE  
SATURDAY,  
16/09/2017

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- KELLEY ABBEY (Choreographer & Performer)

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